



September



FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2026

Email FKCE@barstow.edu to register

FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Tues.9/1/2026	9AM-11AM	Rebuilding Trust After Disruption or Placement Changes	Betty Cowley
Tues. 9/1/2026	6PM-8PM	(SPANISH) Asistencia con la Autoadministración de Medicamentos Psicotrópicos	Lelia Montiel
Wed.9/2/2026	9AM-11AM	Fueling Confidence: Practical Ways to Encourage Self-Belief	Christine Stellino
Wed.9/2/2026	6PM-8PM	Youth and CSEC	Vanessa Palacios
Thur. 9/3/2026	9AM-11AM	Tools for Preventing Allegations of Child Abuse	Dr. Wesley Sanders
Thur. 9/3/2026	6PM-8PM	Introversion and Extroversion in Children	Olivia Chavira
Sat. 9/5/2026	9AM-11AM	Motivating Your Child to Take Action Against Procrastination	Dr. Abram Milton
Tues. 9/8/2026	9AM-11AM	Impact of Abandonment on Childhood Resilience	Betty Cowley
Tues. 9/8/2026	6PM-8PM	(SPANISH) Utilizar Mejores Practicas para Brindar Cuidado y Supervision a niños LGBTQ+	Lelia Montiel
Wed. 9/9/2026	9AM-11AM	Teaching Kids to Navigate Peer Conflict	Christine Stellino
Wed. 9/9/2026	6PM-8PM	Impact of Multiple Placements on Children	Vanessa Palacios
Thur. 9/10/2026	9AM-11AM	Bullying Impact on Children with Disabilities	Dr. Wesley Sanders
Thur. 9/10/2026	6PM-8PM	Parenting with Confidence	Olivia Chavira
Sat. 9/12/2026	9AM-11AM	Overcoming Test Anxiety: Practical Advice	Dr. Abram Milton
Tues.9/15/2026	9AM-11AM	Recognizing Childhood Depression Early	Betty Cowley
Tues. 9/15/2026	6PM-8PM	(SPANISH) La Ley Federal de Bienestar Infantil Indígena (ICWA)	Lelia Montiel
Wed. 9/16/2026	9AM-11AM	Brain-Based Discipline: Understanding Triggers and Responses	Christine Stellino
Wed. 9/16/2026	6PM-8PM	Youth and Depression	Vanessa Palacios
Thur. 9/17/2026	9AM-11AM	Understanding Autism	Dr. Wesley Sanders
Thur. 9/17/2026	6PM-8PM	The 5 Love Languages of Children	Olivia Chavira
Sat. 9/19/2026	9AM-11AM	Empowering Parents to Support Children with Autism	Dr. Abram Milton
Tues. 9/22/2026	9AM-11AM	When Families Fracture: Healing Separation	Betty Cowley
Tues. 9/22/2026	6PM-8PM	(SPANISH) Comprender las diferentes Opciones de Permanencia en California	Lelia Montiel
Wed. 9/23/2026	9AM-11AM	Cultivating Empathy and Perspective Taking	Christine Stellino
Wed. 9/23/2026	6PM-8PM	Youth and Psychotropic Medication	Vanessa Palacios
Thur. 9/24/2026	9AM-11AM	Suicide Prevention in Children	Dr. Wesley Sanders
Thur. 9/24/2026	6PM-8PM	Talking About Substance Abuse	Olivia Chavira
Sat. 9/26/2026	9AM-11AM	Navigating the Impact of Social Media on Mental Health	Dr. Abram Milton
Tues. 9/29/2026	9AM-11AM	Safe Spaces: Interviewing Kids with Care	Betty Cowley
Tues. 9/29/2026	6PM-8PM	(SPANISH) Planes de Educación Individualizados en California (IEP)	Lelia Montiel
Wed. 9/30/2026	9AM-11AM	Collaborative Decision-Making for Co-Parents	Christine Stellino
Wed. 9/30/2026	6PM-8PM	Importance of Family Communication	Vanessa Palacios

It is REQUIRED to pre-register for each workshop to receive a meeting ID#.

The FKCE Program provides quality education and support opportunities for caregivers of children and youth in out-of-home care so that the providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email fkce@barstow.edu

You will receive a confirmation email with procedure and details to participate in the workshop.

Certificate will be provided within 5 business days after completing workshop and submitting required paperwork.

