



# May



## FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2026

Email [FKCE@barstow.edu](mailto:FKCE@barstow.edu) to register!

### FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Fri. 5/1/2026	6-8 PM	Helping Teens through Tough Times	Dr. Abram Milton
Mon. 5/4/2026	6-8 PM	Navigating Grief In Children and Families	Olivia J. Chavira
Tues. 5/5/2026	9-11 AM	Empowering Grandparents as Primary Caregivers	Betty Cowley
Tues. 5/5/2026	6-8 PM	Ayudar a las familias a manejar el estrés	Lelia Montiel
Wed. 5/6/2026	9-11 AM	Effective Coparenting: Nurturing Children Through Strong Cooperative Practices	Christine Stellino
Wed. 5/6/2026	6-8 PM	Understanding Down Syndrome: Insights, Support, and Advocacy	Vanessa Palacios
Thurs. 5/7/2026	9-11 AM	Unhealthy Relations in Dysfunctional Families	Dr. Wesley Sanders
Fri. 5/8/2026	6-8 PM	What Parents Need to Know about Bullying	Dr. Abram Milton
Mon. 5/11/2026	6-8 PM	Structures, Routines, and Schedules for Families	Olivia J. Chavira
Tues. 5/12/2026	9-11 AM	Resource Parenting: Understanding Roles, Rights, & Responsibilities	Betty Cowley
Tues. 5/12/2026	6-8 PM	Comprensión del los derechos educativos	Lelia Montiel
Wed. 5/13/2026	9-11 AM	Thriving Together: Effective Coparenting for Positive Child Outcomes	Christine Stellino
Wed. 5/13/2026	6-8 PM	Behavioral Disorders and Support Strategies	Vanessa Palacios
Thurs. 5/14/2026	9-11 AM	Bullying Impact on Children with Disabilities	Dr. Wesley Sanders
Fri. 5/15/2026	6-8 PM	Making Sense of Mental Illness	Dr. Abram Milton
Mon. 5/18/2026	6-8 PM	Cultivating Self Esteem In Children	Olivia J. Chavira
Tues. 5/19/2026	9-11 AM	Visitations- The Good, Bad & Ugly	Betty Cowley
Tues. 5/19/2026	6-8 PM	Diagnósticos de TEAF (FASD)	Lelia Montiel
Wed. 5/20/2026	9-11 AM	Building Peace: Conflict Resolution Skills for Success	Christine Stellino
Wed. 5/20/2026	6-8 PM	Protecting Our Little Lungs: The Effects of Smoking on Babies & Children	Vanessa Palacios
Thurs. 5/21/2026	9-11 AM	Fostering Emotional Wellness in Families	Dr. Wesley Sanders
Fri. 5/22/2026	6-8 PM	Finding the Right Mental Health Help	Dr. Abram Milton
Mon. 5/25/2026	6-8 PM	Mental Health Conversations in Families	Olivia J. Chavira
Tues. 5/26/2026	9-11 AM	Surviving the Summer with a Household of Kids	Betty Cowley
Tues. 5/26/2026	6-8 PM	Como cuidar a los niños que han sido abusados sexualmente	Lelia Montiel
Wed. 5/27/2026	9-11 AM	Aligned Decisions: Decision-making as a United Front	Christine Stellino
Wed. 5/27/2026	6-8 PM	The Ripple Effect: The Impact of Multiple Placements on Children	Vanessa Palacios
Thurs. 5/28/2026	9-11 AM	Understanding and Preventing Sexual Exploitation	Dr. Wesley Sanders
Fri. 5/29/2026	6-8 PM	What Parents Can Do to Prevent Suicide	Dr. Abram Milton

**It is REQUIRED to pre-register for each class to receive a meeting ID#.**

The FKCE Program provides quality education and support opportunities for caregivers of children and youth in-out-of home care so that the providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email [fkce@barstow.edu](mailto:fkce@barstow.edu)

**You will receive a confirmation email with procedure and details to participate in the workshop.**

**Certificate will be provided within 5 business days after completing workshop and submitting required paperwork.**

