



October



FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2026

Email FKCE@barstow.edu to register!

FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Thurs. 10/1/2026	9AM-11AM	Internet Safety: Protecting Our Children	Dr. Wesley Sanders
Thurs. 10/1/2026	6PM-8PM	Breaking the Silence: Strategies for Suicide Prevention	Olivia Chavira
Sat 10/3/2026	9AM-11AM	Resolving Family Conflicts Effectively	Dr. Abram Milton
Tues. 10/6/2026	9AM-11AM	Self-Worth vs. Bullying: Building Confidence	Betty Cowley
Tues. 10/6/2026	6PM-8PM	(SPANISH) Sensibilidad cultural en el cuidado de crianza en California	Lelia Montiel
Wed. 10/7/2026	9AM-11AM	Respectful Communication Across Households	Christine Stellino
Wed. 10/7/2026	6PM-8PM	Helping Youth Build Self-Esteem and Confidence	Vanessa Palacios
Thurs. 10/8/2026	9AM-11AM	Strategies for Raising Confident Youth	Dr. Wesley Sanders
Thurs. 10/8/2026	6PM-8PM	Depression: Everything you need to know	Olivia Chavira
Sat. 10/10/2026	9AM-11AM	Moving Through Grief and Loss Together	Dr. Abram Milton
Tues. 10/13/2026	9AM-11AM	Kinship Care: Grandparents Raising Kids	Betty Cowley
Tues. 10/13/2026	6PM-8PM	(SPANISH) La salud sexual y reproductiva	Lelia Montiel
Wed. 10/14/2026	9AM-11AM	Creating Consistency Across Homes	Christine Stellino
Thurs. 10/15/2026	9AM-11AM	Co-Parenting: Resource Parents & Biofamily	Dr. Wesley Sanders
Thurs. 10/15/2026	6PM-8PM	Addressing Perfectionism and Building Self-Compassion	Olivia Chavira
Sat. 10/17/2026	9AM-11AM	Helping your Child Manage Stress and Anxiety	Dr. Abram Milton
Tues. 10/20/2026	9AM-11AM	Visitation: How to Prepare	Betty Cowley
Tues. 10/20/2026	6PM-8PM	(SPANISH) Mejores Practicas para Proveer Cuidado y Supervisión a Niños con Necesidades Especiales	Lelia Montiel
Wed. 10/21/2026	9AM-11AM	Calm Parenting in Crisis Moments	Christine Stellino
Wed. 10/21/2026	6PM-8PM	Impact of Having an Incarcerated Parent	Vanessa Palacios
Thurs. 10/22/2026	9AM-11AM	Tools for Supporting Children with Disabilities	Dr. Wesley Sanders
Thurs. 10/22/2026	6PM-8PM	Toddler Development: How to navigate toddler tantrums and behavior	Olivia Chavira
Sat. 10/24/2026	9AM-11AM	Helping your Kids Avoid Substance Struggles	Dr. Abram Milton
Tues. 10/27/2026	9AM-11AM	Importance of House Rules	Betty Cowley
Tues. 10/27/2026	6PM-8PM	(SPANISH) Formas razonables y prudentes de crianza	Lelia Montiel
Wed. 10/28/2026	9AM-11AM	Parenting through Anxiety and Stress	Christine Stellino
Wed. 10/28/2026	6PM-8PM	Teens and Dating Violence	Vanessa Palacios
Thurs. 10/29/2026	9AM-11AM	Strategies for Drug and Alcohol Awareness	Dr. Wesley Sanders
Thurs. 10/29/2026	6PM-8PM	Teen Parenting: Understanding and supporting Teen Parents (Part 1)	Olivia Chavira
Sat. 10/31/2026	9AM-11AM	Understanding Trauma and PTSD in Kids	Dr. Abram Milton

It is REQUIRED to pre-register for each workshop to receive a meeting ID#.

The FKCE Program provides quality education and support opportunities for caregivers of children and youth in out-of-home care so that the providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email fkce@barstow.edu

You will receive a confirmation email with procedure and details to participate in the workshop.

Certificate will be provided within 5 business days after completing workshop and submitting required paperwork.

