



November



FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2026

Email FKCE@barstow.edu to register!

FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Tues. 11/3/2026	9AM-11AM	Teaching Social Skills	Betty Cowley
Tues. 11/3/2026	6PM-8PM	(SPANISH) Nutrición y salud mental	Lelia Montiel
Wed. 11/4/2026	9AM-11AM	Finding Consistency in Uncertainty	Christine Stellino
Wed. 11/4/2026	6PM-8PM	Helping Youth Understand and Express Their Feelings	Vanessa Palacios
Thurs. 11/5/2026	9AM-11AM	Understanding and Supporting Children with Fetal Alcohol Syndrome	Dr. Wesley Sanders
Thurs. 11/5/2026	6PM-8PM	Teen Parenting: Understanding and supporting Teen Parents (Part II)	Olivia Chavira
Sat. 11/7/2026	9AM-11AM	Raising Self Esteem in your Foster Child	Dr. Abram Milton
Tues. 11/10/2026	9AM-11AM	Understanding Non-Suicidal Self Injury	Betty Cowley
Tues. 11/10/2026	6PM-8PM	(SPANISH) Trastorno por consumo de sustancias en adolescentes	Lelia Montiel
Wed. 11/11/2026	CLOSED	VETERANS DAY	
Thurs. 11/12/2026	9AM-11AM	Helping Children with Grief and Loss	Dr. Wesley Sanders
Thurs. 11/12/2026	6PM-8PM	How Domestic Violence Affects Children	Olivia Chavira
Sat. 11/14/2026	9AM-11AM	Supporting LGBTQ+ Youth in Foster Care	Dr. Abram Milton
Tues. 11/17/2026	9AM-11AM	Dealing with Emotions During the Holidays	Betty Cowley
Tues. 11/17/2026	6PM-8PM	(Spanish) Los prejuicios implícitos	Lelia Montiel
Wed. 11/18/2026	9AM-11AM	Nurturing Independence in the Early Years	Christine Stellino
Wed. 11/18/2026	6PM-8PM	Childhood Stress During the Holidays	Vanessa Palacios
Thurs. 11/19/2026	9AM-11AM	What to do with Behavior Issues	Dr. Wesley Sanders
Thurs. 11/19/2026	6PM-8PM	The Parentified Child: How to Help	Olivia Chavira
Sat. 11/21/2026	9AM-11AM	Caring for Kids through the Holidays	Dr. Abram Milton
Tues. 11/24/2026	9AM-11AM	Understanding the LGBTQ Culture	Betty Cowley
Tues. 11/24/2026	6PM-8PM	(SPANISH) Duelo y perdida en el sistema de cuidado de crianza	Lelia Montiel
Wed. 11/25/2026	9AM-11AM	Raising Confident, Adaptable Kids	Christine Stellino
Wed. 11/25/2026	6PM-8PM	Raising Strong-Willed Children	Vanessa Palacios
11/26/2026 -11/29/2026	CLOSED	THANKSGIVING HOLIDAY	

It is REQUIRED to pre-register for each workshop to receive a meeting ID#.

The FKCE Program provides quality education and support opportunities for caregivers of children and youth in out-of-home care so that the providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email fkce@barstow.edu

You will receive a confirmation email with procedure and details to participate in the workshop.

Certificate will be provided within 5 business days after completing workshop and submitting required paperwork.



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