



January



FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2026

Email FKCE@barstow.edu to register!

FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Mon. 1/12/2026	6 - 8 PM	How Domestic Violence Affects Children	Olivia J. Chavira
Tues. 1/13/2026	9-11 AM	Struggles with Personal Hygiene	Betty Cowley
Tues. 1/13/2026	6 - 8 PM	Duelo y perdida en el sistema de cuidado de crianza (Spanish)	Lelia Montiel
Wed. 1/14/2026	9-11 AM	Building Emotional Intelligence in Children	Christine Stellino
Wed. 1/14/2026	6 - 8 PM	Understanding Conduct Disorder: Intervention and Support	Vanessa Palacios
Thurs. 1/15/2026	9-11 AM	The Sexualized Child in Foster Care	Dr. Wesley Sanders
Fri. 1/16/2026	6 - 8 PM	Teaching Healthy Boundaries at Home	Dr. Abram Milton

Holiday - College Closed - Martin Luther King Jr Day

Tues. 1/20/2026	9-11 AM	Working with Your Social Worker	Betty Cowley
Tues. 1/20/2026	6 - 8 PM	Bienestar en los Padres de Crianza (Spanish)	Lelia Montiel
Wed. 1/21/2026	9-11 AM	Firm Kindness: Setting Loving Boundaries That Last	Christine Stellino
Wed. 1/21/2026	6 - 8 PM	Effective Discipline Strategies: Tools for Positive Parenting	Vanessa Palacios
Thurs. 1/22/2026	9-11 AM	Choices, Consequences, and Responsibility	Dr. Wesley Sanders
Fri. 1/23/2026	6-8 PM	Parenting a Child with Bipolar Disorder	Dr. Abram Milton
Mon. 1/26/2026	6 - 8 PM	The Parentified Child: How to Help	Olivia J. Chavira
Tues. 1/27/2026	9-11 AM	Calming Storms: Managing Disruptive Behavior	Betty Cowley
Tues. 1/27/2026	6 - 8 PM	Autoestima (Spanish)	Lelia Montiel
Wed. 1/28/2026	9-11 AM	Encouraging Cooperation through Options	Christine Stellino
Wed. 1/28/2026	6 - 8 PM	Starting Where The Child Is	Vanessa Palacios
Thurs. 1/29/2026	9-11 AM	Building Identity: Self-Worth in Foster Youth	Dr. Wesley Sanders
Fri. 1/30/2026	6 - 8 PM	Nurturing Healthy Growth in Foster Children	Dr. Abram Milton

It is REQUIRED to pre-register for each workshop to receive a meeting ID#.

The FKCE Program provides quality education and support opportunities for caregivers of children and youth in-out-of home care so that the providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email fkce@barstow.edu

You will receive a confirmation email with procedure and details to participate in the workshop.

Certificate will be provided within 5 business days after completing workshop and submitting required paperwork.

