



August



FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2026

Email FKCE@barstow.edu to register!

FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Tues. 8/11/2026	9AM-11AM	Depression In Adolescents	Betty Cowley
Wed. 8/12/2026	9AM-11AM	Positive Discipline: Advanced Strategies for Caregivers	Christine Stellino
Wed. 8/12/2026	6PM-8PM	Children and Anxiety: Returning Back to School	Vanessa Palacios
Thurs. 8/13/2026	9AM-11AM	Peaceful Parenting	Dr. Wesley Sanders
Thurs. 8/13/2026	6PM-8PM	Trauma Informed Communication at Home	Olivia Chavira
Sat. 8/15/2026	9AM-11AM	Helping your Child Understand Their Anger	Dr. Abram Milton
Tues. 8/18/2026	9AM-11AM	Organizing and Planning Tips for Busy Parents	Betty Cowley
Tues. 8/18/2026	6PM-8PM	(SPANISH) Convertir sus Suenos en Titulos	Lelia Montiel
Wed. 8/19/2026	9AM-11AM	Empowering Children through Respectful Discipline	Christine Stellino
Thurs. 8/20/2026	9AM-11AM	Ages and Stages: Having Expectations of Children	Dr. Wesley Sanders
Thurs. 8/20/2026	6PM-8PM	Mental Health First Aid for Families	Olivia Chavira
Sat. 8/22/2026	9AM-11AM	Supporting A Child with Depression	Dr. Abram Milton
Tues. 8/25/2026	9AM-11AM	Navigating School Transitioning	Betty Cowley
Tues. 8/25/2026	6PM-8PM	(SPANISH) Manejo del Comportamiento	Lelia Montiel
Wed. 8/26/2026	9AM-11AM	Raising Emotionally Strong Kids in Uncertain Times	Christine Stellino
Wed. 8/26/2026	6PM-8PM	Fetal Alcohol Syndrome	Vanessa Palacios
Thurs. 8/27/2026	9AM-11AM	The Impact of Domestic Violence on Children	Dr. Wesley Sanders
Thurs. 8/27/2026	6PM-8PM	Raising Mentally & Emotionally Strong Children	Olivia Chavira
Sat. 8/29/2026	9AM-11AM	Teen Mental Health in School: Challenges and Building Support	Dr. Abram Milton

It is REQUIRED to pre-register for each class to receive a meeting ID#.

The FKCE Program provides quality education and support opportunities for caregivers of children and youth in out-of home care so that the providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email fkce@barstow.edu

You will receive a confirmation email with procedure and details to participate in the class.

Certificate will be provided after completing class and submitting required paperwork.



FOSTER & KINSHIP CARE EDUCATION