



MAY



FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2025

Email FKCE@barstow.edu to register!

FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Thu. 5/1/2025	9-11AM	Unhealthy Relations in Dysfunctional Families	Dr. Wesley Sanders
Fri. 5/2/2025	6-8PM	Guiding Your Child Through Adolescence	Dr. Abram Milton
Mon. 5/5/2025	9-11AM	Effective Coparenting: Nurturing Children Through Strong Cooperative Practices	Christine Stellino
Mon. 5/5/2025	6-8PM	Empowering Teen Girls: Social Media, Confidence and Resilience	Olivia J. Chavira
Tue. 5/6/2025	9-11AM	Empowering Grandparents as Primary Caregivers	Betty Cowley
Tue. 5/6/2025	9-11AM	Cómo criar a un niño sigiloso SPANISH	Lelia Montiel
Wed. 5/7/2025	6-8PM	Understanding Down Syndrome: Insights, Support, and Advocacy	Vanessa Palacios
Thu. 5/8/2025	9-11AM	Fostering Self-Regulation Skills in Children	Dr. Wesley Sanders
Fri. 5/9/2025	6-8PM	Understanding Bullying: A Parent's Guide	Dr. Abram Milton
Mon. 5/12/2025	9-11AM	Thriving Together: Effective Coparenting for Positive Child Outcomes	Christine Stellino
Mon. 5/12/2025	6-8PM	Understanding Diversity and Inclusion	Olivia J. Chavira
Tue. 5/13/2025	9-11AM	Resource Parenting: Understanding Roles, Rights, & Responsibilities	Betty Cowley
Tue. 5/13/2025	9-11AM	Manejar su enojo SPANISH	Lelia Montiel
Wed. 5/14/2025	6-8PM	Behavioral Disorders and Support Strategies	Vanessa Palacios
Thu. 5/15/2025	9-11AM	Bullying Impact on Children with Disabilities	Dr. Wesley Sanders
Fri. 5/16/2025	6-8PM	Demystifying Mental Illness for Parents	Dr. Abram Milton
Mon. 5/19/2025	9-11AM	Building Peace: Conflict Resolution Skills for Personal and Professional Success	Christine Stellino
Mon. 5/19/2025	6-8PM	Building Healthy Relationships With Your Child	Olivia J. Chavira
Tue. 5/20/2025	9-11AM	Visitations- The Good, Bad & Ugly	Betty Cowley
Tue. 5/20/2025	9-11AM	Abuelos que son padres SPANISH	Lelia Montiel
Wed. 5/21/2025	6-8PM	Protecting Our Little Lungs: The Effects of Smoking on Babies & Children	Vanessa Palacios
Thu. 5/22/2025	9-11AM	Fostering Emotional Wellness in Families	Dr. Wesley Sanders
Fri. 5/23/2025	6-8PM	Finding the Right Mental Health Support for your Family	Dr. Abram Milton
Mon. 5/26/2025	Memorial Day Holiday		
Tue. 5/27/2025	9-11AM	Surviving the Summer with a Household of Kids	Betty Cowley
Tue. 5/27/2025	9-11AM	Comprender los derechos educativos SPANISH	Lelia Montiel
Wed. 5/28/2025	6-8PM	The Ripple Effect: The Impact of Multiple Placements on Children	Vanessa Palacios
Thu. 5/29/2025	9-11AM	Understanding and Preventing Sexual Exploitation	Dr. Wesley Sanders
Fri. 5/30/2025	6-8PM	Suicide Prevention: Essential Skills for Parents	Dr. Abram Milton

It is REQUIRED to pre-register for each class to receive a meeting ID#.

The FKCE Program provides quality education, supports opportunities for caregivers of children and youth in out-of-home care so that providers may meet their educational, emotional, behavioral needs. Services are open to the

public (16+ years) at no cost. For questions or more information please email fkce@barstow.edu

You will receive a confirmation email with procedure and details to participate in the workshop.

A certificate will be provided within 5 business days, after completing workshop and submitting required paperwork.

