



# April



## FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2025

Email [FKCE@barstow.edu](mailto:FKCE@barstow.edu) to register!

### FKCE Workshop Schedule via Zoom Conference

Date	Time	Topic	Trainer
Tue. 4/1/2025	9-11AM	Discipline Vs. Punishment	Betty Cowley
Tue. 4/1/2025	9-11AM	Uso de redes sociales en niños <b>SPANISH</b>	Lelia Montiel
Wed. 4/2/2025	6-8PM	Understanding Bipolar Disorder	Vanessa Palacios
Thu. 4/3/2025	9-11AM	Children's Brain Development: Insights for Parents and Caregivers	Dr. Wesley Sanders
Fri. 4/4/2025	6-8PM	Understanding and Managing Behavioral Disorders	Dr. Abram Milton
Mon. 4/7/2025	9-11AM	Thriving as a Parent in Times of Stress and Uncertainty	Christine Stellino
Mon. 4/7/2025	6-8PM	Preventing Bullying: Strategies for a Safe and Inclusive Environment	Olivia J. Chavira
Tue. 4/8/2025	9-11AM	Preparing For Placement	Betty Cowley
Tue. 4/8/2025	9-11AM	El impacto de la crianza en los niños biológicos <b>SPANISH</b>	Lelia Montiel
Wed. 4/9/2025	6-8PM	Teen Dating Violence: Recognizing, Preventing, and Supporting	Vanessa Palacios
Thu. 4/10/2025	9-11AM	Transracial Parenting: Embracing Diversity in Families	Dr. Wesley Sanders
Fri. 4/11/2025	6-8PM	Recognizing and Responding to Child Abuse	Dr. Abram Milton
Mon. 4/14/2025	9-11AM	Coparenting: Empowering Children Through Collaborative Approaches	Christine Stellino
Mon. 4/14/2025	6-8PM	Teen Eating Disorders: Support and Strategies for Recovery	Olivia J. Chavira
Tue. 4/15/2025	9-11AM	Collaborating with the School, Support Systems, and Your Social Worker	Betty Cowley
Tue. 4/15/2025	9-11AM	Duelo y pérdida en el sistema de cuidado de crianza <b>SPANISH</b>	Lelia Montiel
Wed. 4/16/2025	6-8PM	Supporting Children with Incarcerated Parents	Vanessa Palacios
Thu. 4/17/2025	9-11AM	What is Sudden Infant Death Syndrome (SIDS)?	Dr. Wesley Sanders
Fri. 4/18/2025	6-8PM	Exploring Parenting and Attachment Styles	Dr. Abram Milton
Mon. 4/21/2025	9-11AM	Finding Stability: Parenting Skills for Stressful and Uncertain Times	Christine Stellino
Mon. 4/21/2025	6-8PM	Toddlerhood: Navigating Growth, Development, and Tantrum	Olivia J. Chavira
Tue. 4/22/2025	9-11AM	Parenting Children with a History of Childhood Trauma	Betty Cowley
Tue. 4/22/2025	9-11AM	Factores que fortalecen a la familia <b>SPANISH</b>	Lelia Montiel
Wed. 4/23/2025	6-8PM	Empowering Youth with ADHD: Practical Tools and Strategies	Vanessa Palacios
Thu. 4/24/2025	9-11AM	Setting Realistic Expectations for Children: A Guide for Parents	Dr. Wesley Sanders
Fri. 4/25/2025	6-8PM	Managing Discipline and Parental Authority	Dr. Abram Milton
Mon. 4/28/2025	9-11AM	Cultivating a Growth Mindset: How to Inspire Motivation and Success	Christine Stellino
Mon. 4/28/2025	6-8PM	Resilience Toolkit: Strategies for Coping and Thriving	Olivia J. Chavira
Tue. 4/29/2025	9-11AM	Mandated Reporting: Ensuring Child Safety	Betty Cowley
Tue. 4/29/2025	9-11AM	Cómo ayudar a un niño diagnosticado con trastorno bipolar <b>SPANISH</b>	Lelia Montiel
Wed. 4/30/2025	6-8PM	After Therapy: Now What	Vanessa Palacios

**It is REQUIRED to pre-register for each class to receive a meeting ID#.**

The FKCE Program provides quality education, supports opportunities for caregivers of children and youth in out-of-home care so that providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email [fkce@barstow.edu](mailto:fkce@barstow.edu)

You will receive a confirmation email with procedure and details to participate in the workshop.

**A certificate will be provided within 5 business days, after completing workshop and submitting required paperwork.**

