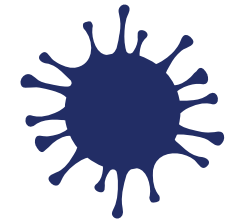




SPREAD THE WORD NOT THE VIRUS



FEELING SICK?

Stay home or go home:

**If you have a simple cough or headache.*

**To prevent the spread of germs and to give yourself time to get better.*

AVOID CLOSE CONTACT

**Avoid close contact with sick people or while you're sick!*

**Maintain 6 feet when possible.*

**Cover your mouth and your nose when you sneeze or cough.*



Complete Daily Self - Health Check when:

**You have a confirmed case of COVID -19.*

**You have been EXPOSED.*

**You have SYMPTOMS.*



WASH YOUR HANDS

**Wash Hands for 20 seconds with soap and water.*

**Or use alcohol based hand sanitizer/wipes.*

AVOID TOUCHING EYES, MOUTH AND NOSE

Don't touch objects or people, then touch your eyes, mouth or nose.

WEAR A MASK

**To protect yourself and others.*

**When you or someone in your household may be getting sick.*