

# OCTOBER PARENTING CLASSES

FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2023

Email: [FKCE@barstow.edu](mailto:FKCE@barstow.edu) to Register!

Website: [http://www.barstow.edu/cte\\_fkce.html](http://www.barstow.edu/cte_fkce.html)

FKCE Class Schedule via Zoom Video Conference



Date	Time	Topic	Trainer
Mon, 10/2/2023	6pm to 8pm	Reducing Family Stress	Olivia J. Chavira
Tues, 10/3/2023	9am to 11am	Tratamiento y abuso de sustancias - <b>SPANISH</b>	Leila Montiel
Tues, 10/3/2023	9am to 11am	Life Skills	Betty Cowley
Wed, 10/4/2023	6pm to 8pm	Obsession with Fire Play and Fire Setting	Vanessa Palacios
Fri, 10/6/2023	6pm to 8pm	Grief and Loss: How to Process Loss	Dr. Abram Milton
Mon, 10/9/2023	6pm to 8pm	The Science of Happiness - Fostering Well Being	Olivia J. Chavira
Tues, 10/10/2023	9am to 11am	Manejo de la ira para adolescentes - <b>SPANISH</b>	Leila Montiel
Tues, 10/10/2023	9am to 11am	Working with your Social Worker	Betty Cowley
Wed, 10/11/2023	6pm to 8pm	Compassion Fatigue for Caregivers	Vanessa Palacios
Thurs, 10/12/2023	9am to 11am	Depression in Adolescents	Dr. Wesley Sanders
Fri, 10/13/2023	6pm to 8pm	Anxiety Management	Dr. Abram Milton
Mon, 10/16/2023	6pm to 8pm	Effective Parenting Tips	Olivia J. Chavira
Tues, 10/17/2023	9am to 11am	Cuando el niño actua de manera agresiva - <b>SPANISH</b>	Leila Montiel
Tues, 10/17/2023	9am to 11am	Drug & Alcohol Dependency	Betty Cowley
Wed, 10/18/2023	6pm to 8pm	Understanding ODD and Conduct Disorder	Vanessa Palacios
Thurs, 10/19/2023	9am to 11am	Understanding Austism	Dr. Wesley Sanders
Fri, 10/20/2023	6pm to 8pm	Substance Use: Awareness and Reduction	Dr. Abram Milton
Mon, 10/23/2023	6pm to 8pm	Fostering Emotional Growth	Olivia J. Chavira
Tues, 10/24/2023	9am to 11am	Problemas de sueño en niños - <b>SPANISH</b>	Leila Montiel
Tues, 10/24/2023	9am to 11am	The Impact of Drug Abuse on Children	Betty Cowley
Wed, 10/25/2023	6pm to 8pm	When Children Resort to Habitual Lying	Vanessa Palacios
Thurs, 10/26/2023	9am to 11am	Visitation: Finding yourself in the Middle	Dr. Wesley Sanders
Fri, 10/27/2023	6pm to 8pm	Recovering from the Pain of Personal Distress (PTSD)	Dr. Abram Milton
Mon, 10/30/2023	6pm to 8pm	Improving Parent/Child Communication	Olivia J. Chavira
Tues, 10/31/2023	9am to 11am	You & Me - Social Skills	Betty Cowley

**It is REQUIRED to pre-register for each class to receive a meeting ID#.**

The FKCE Program provides quality education and support opportunities for caregivers of children and teens in-out-of home care so that the providers may meet their educational, emotional and behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email [fkce@barstow.edu](mailto:fkce@barstow.edu)

**You will receive a confirmation email with procedure and details to participate in the class.**

**Certificate will be provided after completing class and submitting required paperwork.**

**FKCE WILL BE DARK DECEMBER 2023!**