

# March Parenting Classes



**FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) – 2023**

Email: [FKCE@barstow.edu](mailto:FKCE@barstow.edu) to Register!  
**FKCE Class Schedule via Zoom Video Conference**



| Date                   | Time                        | Topic   | Trainer            |
|------------------------|-----------------------------|---|--------------------|
| Wed, 03/01/2023        | 6:00pm - 8:00pm             | Impact of Neglect on Children                                 | Vanessa Montero    |
| Thu, 03/02/2023        | 9:00am - 11:00am            | Building Self-Esteem in Children                              | Dr. Wesley Sanders |
| Thu, 03/02/2023        | 6:00pm - 8:00pm             | Age Appropriate Expectations                                  | Daisy Alvarez      |
| Fri, 03/03/2023        | 6:00pm - 8:00pm             | Who's in charge? Discipline and Parental Challenges           | Dr. Abram Milton   |
| Mon, 03/06/2023        | 6:00pm - 8:00pm             | Building Resilience in Children                               | Olivia J. Chavira  |
| Tue, 03/07/2023        | 9:00am - 11:00am            | Navigating School Transitioning                               | Betty Cowley       |
| Tue, 03/07/2023        | 9:00am - 11:00am            | Como Trabajar Con Los Padres Biologicos (SPANISH)             | Lelia Montiel      |
| Wed, 03/08/2023        | 6:00pm - 8:00pm             | Tools For Coping Skills                                       | Vanessa Montero    |
| Thu, 03/09/2023        | 9:00am - 11:00am            | Techniques for Managing Anger in Healthy Ways                 | Dr. Wesley Sanders |
| Thu, 03/09/2023        | 6:00pm - 8:00pm             | Expectativas Adecuadas para la Edad (SPANISH)                 | Daisy Alvarez      |
| Fri, 03/10/2023        | 6:00pm - 8:00pm             | Understanding Personality Disorders                           | Dr. Abram Milton   |
| Mon, 03/13/2023        | 6:00pm - 8:00pm             | Talking to Children About Substance Abuse                     | Olivia J. Chavira  |
| Tue, 03/14/2023        | 9:00am - 11:00am            | Working with Developmental Disabilities                       | Betty Cowley       |
| Tue, 03/14/2023        | 9:00am - 11:00am            | Sindrome Fetal del Alcohol en Ninos                           | Lelia Montiel      |
| Wed, 03/15/2023        | 6:00pm - 8:00pm             | Starting Where the Child Is                                   | Vanessa Montero    |
| Thu, 03/16/2023        | 9:00am - 11:00am            | Understanding Autism  | Dr. Wesley Sanders |
| Thu, 03/16/2023        | 6:00pm - 8:00pm             | How to Respond When Your Adolescent is Suffering              | Daisy Alvarez      |
| <b>Fri, 03/17/2023</b> | <b>Spring Break Holiday</b> |   |                    |
| Mon, 03/20/2023        | 6:00pm - 8:00pm             | The Impact of Abuse & Neglect on a Child                      | Olivia J. Chavira  |
| Tue, 03/21/2023        | 9:00am - 11:00am            | The ADHD Child  | Betty Cowley       |
| Tue, 03/21/2023        | 9:00am - 11:00am            | Temas Sexuales En Ninos Foster (SPANISH)                      | Lelia Montiel      |
| Tue, 03/21/2023        | 6:00pm - 8:00pm             | The Kindness Challenge  | Candace Rose       |
| Wed, 03/22/2023        | 6:00pm - 8:00pm             | Recognizing Signs of Addiction in Teens                       | Vanessa Montero    |
| Thu, 03/23/2023        | 9:00am - 11:00am            | Bullying: Emotional Impact on Children                        | Dr. Wesley Sanders |
| Thu, 03/23/2023        | 6:00pm - 8:00pm             | Como Responder cuando su Adolescente esta Sufriendo (SPANISH) | Daisy Alvarez      |
| Fri, 03/24/2023        | 6:00pm - 8:00pm             | Anger: A More Deeper Conversation                             | Dr. Abram Milton   |
| Mon, 03/27/2023        | 6:00pm - 8:00pm             | Trauma Informed Parenting                                     | Olivia J. Chavira  |
| Tue, 03/28/2023        | 9:00am - 11:00am            | Life Skills   | Betty Cowley       |
| Tue, 03/28/2023        | 9:00am - 11:00am            | Sintomas Del Autismo (SPANISH)                                | Lelia Montiel      |
| Wed, 03/29/2023        | 6:00pm - 8:00pm             | Human Development and How Trauma Hinders It                   | Vanessa Montero    |
| Thu, 03/30/2023        | 9:00am - 11:00am            | Overcoming Low Self-Esteem                                    | Dr. Wesley Sanders |
| Thu, 03/30/2023        | 9:00am - 11:00am            | Opioids Epidemic  | Daisy Alvarez      |
| Fri, 03/31/2023        | 6:00pm - 8:00pm             | Sexual Abuse Awareness & Prevention                           | Dr. Abram Milton   |

**It is REQUIRED to pre-register for each class to receive a meeting ID#.**

**You will receive a confirmation email with procedure and details to participate in the class.**

**Certificate will be provided after completing class and submitting required paperwork.**