



September Parenting Classes



FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2022

Email: FKCE@barstow.edu to Register!

Website: http://www.barstow.edu/cte_fkce.html

FKCE Class Schedule via Zoom Video Conference



Date	Time	Topic	Trainer
Thu, 9/1/2022	9am to 11am	Strengthening Your Relationship with Children	Dr. Sanders
Thu, 9/1/2022	6pm - 8pm	Planning for College Costs	Daisy Alvarez
Fri, 9/2/2022	6pm - 8pm	Test Anxiety: Tips & Strategies	Dr. Milton
Mon, 9/5/2022	Labor Day		
Tue, 9/6/2022	9am to 11am	Healthy Eating - Facts & Myths	Betty Cowley
Tue, 9/6/2022	6pm - 8pm	Youth Suicide Awareness	Candace Rose
Wed, 9/7/2022	6pm - 8pm	Understanding Drug Exposed Youth	Vanessa Montero
Thu, 9/8/2022	9am to 11am	How our Family History impacts our Parenting Style	Dr. Sanders
Thu, 9/8/2022	6pm - 8pm	Planning for College Costs (SPANISH)	Daisy Alvarez
Fri, 9/9/2022	6pm - 8pm	Autism: A Parent's Guit To Support Their Child	Dr. Milton
Mon, 9/12/2022	6pm - 8pm	How to Manage Anxiety and Depression	Olivia J. Chavira
Tue, 9/13/2022	9am to 11am	Avoiding Allegations	Betty Cowley
Tue, 9/13/2022	6pm - 8pm	Introduction to Bullying	Candace Rose
Wed, 9/14/2022	6pm - 8pm	Shaken Baby Syndrome	Vanessa Montero
Thu, 9/15/2022	9am to 11am	Building Courage and Redirecting Behavior in Tweens	Dr. Sanders
Thu, 9/15/2022	6pm - 8pm	The Social Emotion Transition to College	Daisy Alvarez
Fri, 9/16/2022	6pm - 8pm	Social Media and Mental Health	Dr. Milton
Mon, 9/19/2022	6pm - 8pm	Maternal Mental Health	Olivia J. Chavira
Tue, 9/20/2022	9am to 11am	Self-Care: Foster Care Burnout	Betty Cowley
Tue, 9/20/2022	6pm - 8pm	Introduction to Cyber Bullying	Candace Rose
Wed, 9/21/2022	6pm - 8pm	Understanding Cerebral Palsy	Vanessa Montero
Thu, 9/22/2022	9am to 11am	Choices, Consequences, and Responsibility in Parenting	Dr. Sanders
Thu, 9/22/2022	6pm - 8pm	The Social Emotion Transition to College (SPANISH)	Daisy Alvarez
Fri, 9/23/2022	6pm - 8pm	How to Deal with Conflict Within Your Family	Dr. Milton
Mon, 9/26/2022	6pm - 8pm	10 Ways to Build Connection with Your Children	Olivia J. Chavira
Tue, 9/27/2022	9am to 11am	Working with Your Social Worker	Betty Cowley
Tue, 9/27/2022	6pm - 8pm	Helping Teens Understand Healthy Friendships	Candace Rose
Wed, 9/28/2022	6pm - 8pm	Trauma Informed Care	Vanessa Montero
Thu, 9/29/2022	9am to 11am	Nurturing Parenting Lifestyle	Dr. Sanders
Thu, 9/29/2022	6pm - 8pm	Helping Teens Adapt & Overcome Challenges	Daisy Alvarez

It is REQUIRED to pre-register for each class to receive a meeting ID#.

The FKCE Program provides quality education and support opportunities for caregivers of children and youth in-out-of home care so that the providers may meet their educational, emotional and behavioral needs. Services are open to the public at no cost. For questions or more information please email fkce@barstow.edu

You will receive a confirmation email with procedure and details to participate in the class.

Certificate will be provided after completing class and submitting required paperwork.