

Fall 2007 Workshops

Topic	Date	Time	Location
AUGUST			
Improving Study Skills/memory techniques	8/29/07	12pm-1pm	B-1

SEPTEMBER			
Time Management/Learning Styles	9/5/07	12pm-1pm	B-1
Choosing a Major/Career exploration	9/12/07	12pm-1pm	B-1
Understanding an Ed Plan/Preparing for transferring	9/19/07	12pm-1pm	B-1
Preparing to take exams/ Relaxation techniques	9/26/07	12pm-1pm	B-1

OCTOBER			
CSU Mentor Workshop	10/2/07	12pm-1pm	S-4
Building Self-Esteem in Yourself and Others	10/3/07	12pm-1pm	B-1
CSU Mentor Workshop	10/4/07	12pm-1pm	S-4
Resumes and Cover Letters	10/9/07	12pm-1pm	Transfer Center
Parenting Skills/child abuse	10/10/07	12pm-1pm	B-1
College & University Day	10/17/07	12pm-1pm	Transfer Center
Community Resources and self advocacy	10/24/07	12pm-1pm	B-1
Dress for success/Interview techniques	10/31/07	12pm-1pm	Transfer Center

NOVEMBER			
Resumes and Cover Letters	11/8/07	12pm-1pm	Transfer Center
Managing your budget/finances	11/14/07	12pm-1pm	B-1
Staying healthy- Balancing- diet, exercise and personal life	11/21/07	12pm-1pm	B-1
Improving Communication Skills	11/28/07	12pm-1pm	B-1

DECEMBER			
Online Registration	12/5/07	12pm-1pm	B-1
Online Registration	12/12/07	12pm-1pm	B-1

Scholarship Applications/Personal Statements

Spring 2008