

— Undecided about first semester classes?

Don't be overly concerned if you are undecided about your major or what classes to take your first semester. Many students "explore" when they first start college.

Some first-semester suggestions:

"College Success" Course

- Psychology 5, "Intro to Career and Life Planning," for help deciding on a career
- Orientation 1, "College Success," to improve your study skills

English Course

Reading and writing are essential to success in almost all college classes. All degree, certificate and transfer programs at BCC have an English requirement. Sign up for the English course recommended from your assessment.

Math Course

Do you need to review the basics? All degree, certificate and transfer programs at BCC have a math requirement. What math course was recommended after assessment? Get started early!

Computer Course

Computer literacy is a requirement for the occupational AS degree and all BCC certificates, as well as for many jobs. Consider taking an Internet class, such as Computer Science 28, "Exploring the Information Superhighway."

General Education Course

What subject interests you? Take a GE class in psychology, astronomy, history, sociology or one of many other subjects. Make sure you have met any prerequisite for the class first.

Personal Interest Course

Take something that appeals to you! BCC offers courses in art, child development, computer graphics, automotive repair, music, office skills, photography and physical education, to name just a few.



Career Exploration

Enroll in Psychology 5 for career testing if you are unsure of what career path to follow. In this class, a typical exercise might ask you to consider your “personality type” and see what careers interest others with similar traits.

Realistic

Do you have mechanical, technical or athletic ability? Do you prefer to work on your own with machines, tools, or objects? Are you self-reliant and practical? You might enjoy a career in:

Air Conditioning
Appliance Service
Automotive Repair
Computer Technology
Construction
Electronic Technology
Fire Technology
Medical Lab Technology
Surveying
Welding

Artistic

Are you an “idea creator?” Do you have artistic or innovative abilities? Do you like to work in unstructured situations and use your imagination and creativity? Are you original, expressive, idealistic, intuitive? You might enjoy a career in:

Architecture
Art
Creative Writing
Fashion Design
Graphic Design
Interior Design
Journalism
Landscape Design
Music
Photography/Film
Television
Technical Illustration

Enterprising

Are you a “people influencer?” Do you like to work with people and to influence, persuade, lead or manage them? Are you persuasive, energetic and ambitious? You might enjoy a career in:

Advertising
Business Administration
Economics
Health Care Management
Law
Marketing
Political Science
Public Relations
Real Estate
Sales

Investigative

Are you an “abstract problem solver” who likes to work on your own? Do you like to observe, learn, investigate, analyze, evaluate or solve problems, often in a scientific area? Are you analytical, independent, curious, intellectual and precise? You might enjoy a career in:

Agriculture
Biology
Computer Programming
Engineering
Environmental Studies
Math or Statistics
Research
Medicine
Physical Science
Social Science

Social

Are you a “people helper?” Do you like to work with people to inform, educate, help, train or cure them? Are you cooperative, understanding, helpful and sociable? You might enjoy a career in:

Counseling
Criminal Justice
Dental Hygiene
Liberal Studies
Nursing
Occupational Therapy
Physical Therapy
Psychology
Public Health
Social Work
Speech Therapy
Teaching

Conventional

Are you good with data and details? Do you like to work with information or numbers? Are you skilled in carrying things out in detail and following through on other’s instructions? Are you especially conscientious and efficient? You might enjoy a career in:

Accounting
Banking
Court Reporting
Information Processing
Insurance
Medical Records
Paralegal
Secretarial

Transferring to a 4-Year College?

The BCC Transfer Center can help.

Barstow College offers courses that fulfill lower-division general education and major requirements for most transfer majors. You can complete your lower-division coursework -- the first two years -- at BCC, and then transfer as a junior to a four-year university.

The Transfer and Career Planning Center offers a variety of services and resources to help you transfer to the four-year institution of your choice. (See page 26 for a listing of those services.)

If you plan to transfer from BCC to another institution of higher learning, you should be certain that you take courses that are transferable to the institution which you plan to attend. The BCC Catalog indicates the courses that are transferable. In addition, you should obtain the catalog of the transfer institution, see a counselor and ask for a copy of the current articulation agreement and visit the Transfer and Career Planning Center. The Transfer and Career Planning Center may be able to schedule a time for you to visit with a college representative from the transfer institution who makes regular visits to BCC.

If you plan to transfer, you should satisfy the following requirements if you are to transfer with no loss of time:

1. the admissions requirements;
2. the lower division requirements of the particular college or university in which your major is offered; and,
3. the lower division requirements of the particular major.

Since requirements change rapidly, consult a counselor often when choosing classes.

www.assist.org

Your official source for California articulation and student transfer information...



If you are planning to transfer from a community college to a University of California or a California State University, you have a tremendous amount of information to consider. In the past, this information was only available from the individual colleges and universities. ASSIST (Articulation System Stimulating Interinstitutional Student Transfer) is California's official statewide web-based student transfer information system which contains data about how courses taken at a California community college can be applied when transferring to a University of California or a California State University campus.

Articulation agreements between the community colleges and the UC and CSU campuses identify comparable lower division course between the two institutions. These agreements are designed to help students who are preparing to transfer.

ASSIST includes information such as:

- UC and CSU transferable Courses
- CSU GE-Breadth Certification Courses
- IGETC Courses - Intersegmental General Education Transfer Curriculum

Reading the Class Schedule

After you have given some thought to the number and types of classes you will need to take, you are ready to schedule your first semester's program using the published Schedule of Classes.

Must satisfy requirements PRIOR to taking the course

Course name

ENGL 1A – English Composition and Reading
Prerequisite: English 50 with a "C" or better, or assessment recommendation for English 1A.
 English composition and reading using descriptive, narrative, expository, argumentative, essay and research techniques. Degree Applicable. UC/CSU. (CAN ENGL 2)

<i>CRN</i>	→	20002	MW	8:00-9:15 am	3 units	T3B	Daugherty	← <i>Instructor</i>
		20014	R	6:00-8:50pm	3 units	B16	Staff	← <i>Specific instructor not yet designated</i>
		20015		On-Line	3 units	O-L16	Stacy	
<i>Time class meets. Evening, on-line and ITV classes are shaded.</i>		20039	TR	1:00-2:15pm	3 units	T3B	C. Jensen	
		20042	M	5:00-9:50pm	3 units	T3B	Scarborough	
				15-OCT 21-DEC				

Days the class meets

Dates indicate short-term class

Building and room number

Time Management

Finding the Time for Everything

The life of a college student is a juggling act. The demands of academics, extra-curricular activities, friends, family, and even a part-time job can make your head spin. How well you do at college depends on how well you learn to manage your time.

Here are some time-saving tips:

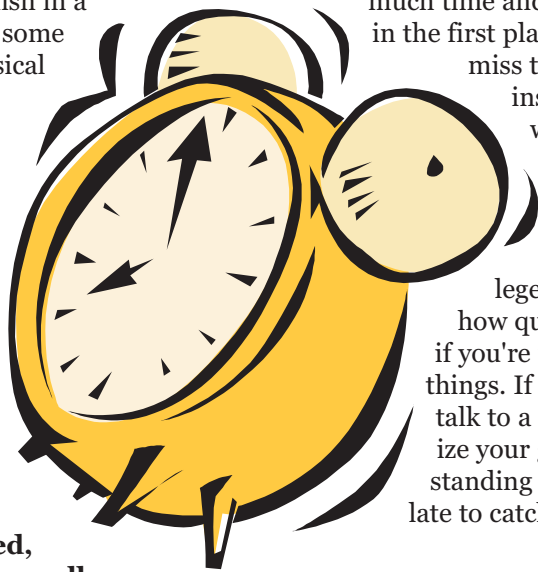
At the start of each semester or term, compose a 7-day study schedule blocking in times for classes, studying, work and extra curricular activities. To avoid burn out, be realistic about what you can accomplish in a day and be sure to leave yourself some regularly scheduled time for physical fitness and leisure.

Use a daily planner to keep track of your busy academic and social schedule. Each day make a list of what you need to do and list the entries in order of importance. If you don't get around to doing the last items on your list, at least you will have the satisfaction of knowing you got the important things done.

To avoid getting overwhelmed, break big projects down into small ones. Knowing there's a major essay due in a week might make you panic. Setting aside time each day to research, write and type the paper will make the approaching deadline less intimidating.

No matter how tired or busy you are, don't skip classes. Making up a missed lecture by reading someone else's sketchy notes or by trying to decipher the textbook takes twice as much time and energy as going to class in the first place. Who knows, you might miss the class where the instructor gives clues about what's going to be on the next exam.

Avoid procrastination at all costs. With a college course load, it is amazing how quickly you can fall behind if you're not staying on top of things. If things get out of control, talk to a counselor. Don't jeopardize your grades and academic standing by waiting until it's too late to catch up.



Schedule Planning

College classes can be scheduled in a variety of ways. It is your choice when to attend classes. To assist you in successful schedule planning, review the following guidelines.

Generally, one unit equals one hour of class time. For example, a three unit lecture class meets three hours per week. Full-time student status equals 12 units.

For each unit you take, consider at least two hours of study time per week. For example, taking 12 units might require 24 hours of study time per week.

In addition to class time and study time, consider family commitments, leisure time and work hours when building your semester schedule.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 8:30	ENGL 1A		ENGL 1A				Leisure time
9 9:30	↓		↓			WORK	↓
10 10:30	MATH 50	Study time	MATH 50	Study time			
11 11:30	↓	↓	↓	↓			
12 12:30	Lunch HEAL 1	Lunch	Lunch HEAL 1	Lunch			
1 1:30	↓	ORIE 1	↓	ORIE 1		↓	
2 2:30		↓		↓			↓
3 3:30	Work	Work	Work	Work	Work		Study time
4 4:30	↓	↓	↓	↓	↓	Leisure time	↓
5 5:30	↓	↓	↓	↓	↓	↓	Leisure time
6 6:30					Leisure time		↓
7 7:30	Study time	Study time	Study time	Study time	↓		Study time
8 8:30	↓	↓	↓	↓			↓
9 9:30							

Schedule Planning

Refer to the previous page before filling out your semester time schedule. Mark off the days and hours already committed to work and other non-school obligations. Then, note the remaining time available for your education. Keep in mind the study time and work formulas outlined on the previous page when selecting the number of classes you will take. The good news is that you can design a schedule that meets your needs. You can pick the days, time and pattern of classes that will work best for you!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 8:30							
9 9:30							
10 10:30							
11 11:30							
12 12:30							
1 1:30							
2 2:30							
3 3:30							
4 4:30							
5 5:30							
6 6:30							
7 7:30							
8 8:30							
9 9:30							

Mapping Future Classes

Consider the following guidelines before you begin mapping out your educational plans by semester:

1. General requirements for certificate, degree and/or transfer.
2. Requirements in major.
3. Requirements in general education.
4. Course prerequisites and sequential courses.
5. Transferability of courses.

The Barstow College Catalog provides basic information in all these areas. Below is a six semester educational plan. Take into consideration your personal time commitment to education when planning your schedule. Tailor it to meet your needs, which may mean you need more or less than six semesters to complete your goal.

Degree Certificate Transfer

FIRST SEMESTER		SECOND SEMESTER		THIRD SEMESTER	
Total		Total		Total	
FOURTH SEMESTER		FIFTH SEMESTER		SIXTH SEMESTER	
Total		Total		Total	