



## HELPFUL PHONE NUMBERS AND WEB SITE ADDRESSES FOR ALL COVERAGES

CVT BLUE CROSS INFORMATION		
ANTHEM BLUE CROSS OF CALIFORNIA	(800) 234-4333	www.anthem.com/ca/cvt
ANTHEM BLUE CROSS BLUE CARD PROGRAM (For Anthem Blue Cross Members residing/traveling out of the State of California)	(800) 810-2583	www.bluecares.com
ANTHEM BLUE CROSS PRE-ADMISSION	(800) 274-7767	
WELLPOINT PHARMACY (HDHP Subscribers Only)	(800) 700-2541	www.anthem.com/ca (click on pharmacy)
CVT BLUE SHIELD INFORMATION		
BLUE SHIELD OF CALIFORNIA		www.blueshieldca.com
BLUE SHIELD PRE-ADMISSION / PRIOR AUTHORIZATION	(800) 541-6652	
BLUE CARD PROGRAM (For Blue Shield Members residing/traveling out of the State of California)	(800) 810-2583	www.bluecares.com
HEALTHCOMP (Claims Processing)	(800) 442-7247	www.healthcomp.com
OTHER CVT INFORMATION		
ALERE (Health Management Program)	(877) 864-1327	
CHIROMETRICS (Chiropractic For Kaiser Plans)	(877) 519-8839	
CALIFORNIA'S VALUED TRUST	(800) 288-9870	www.cvtrust.org
CVS CAREMARK(Under 65 Members)(Pharmacy & Mail Order)	(888) 354-6390	www.caremark.com
CVS CAREMARK / SilverScript(Over 65 Members)(Pharmacy & Mail Order)	(888) 620-1756	www.silverscript.com
DELTA DENTAL	(866) 499-3001	www.deltadentalins.com
KAISER MEMBER SERVICE CENTER	(800) 464-4000	www.kaiserpermanente.org
MDLIVE (PPO members only- call or visit the website for non- emergency medical conditions)	(888) 632-2738	www.mdlive.com/cvt
METLIFE INSURANCE	(800) 638-6420	
VALUE OPTIONS - EMPLOYEE ASSISTANCE PROGRAM	(877) 397-1032	www.achievesolutions.net/cvt
VISION SERVICE PLAN	(800) 877-7195	www.vsp.com

It is always a good practice to obtain the name of the person you spoke with. If your concern was not handled to your satisfaction, California's Valued Trust can follow-up and assist you with your concern.