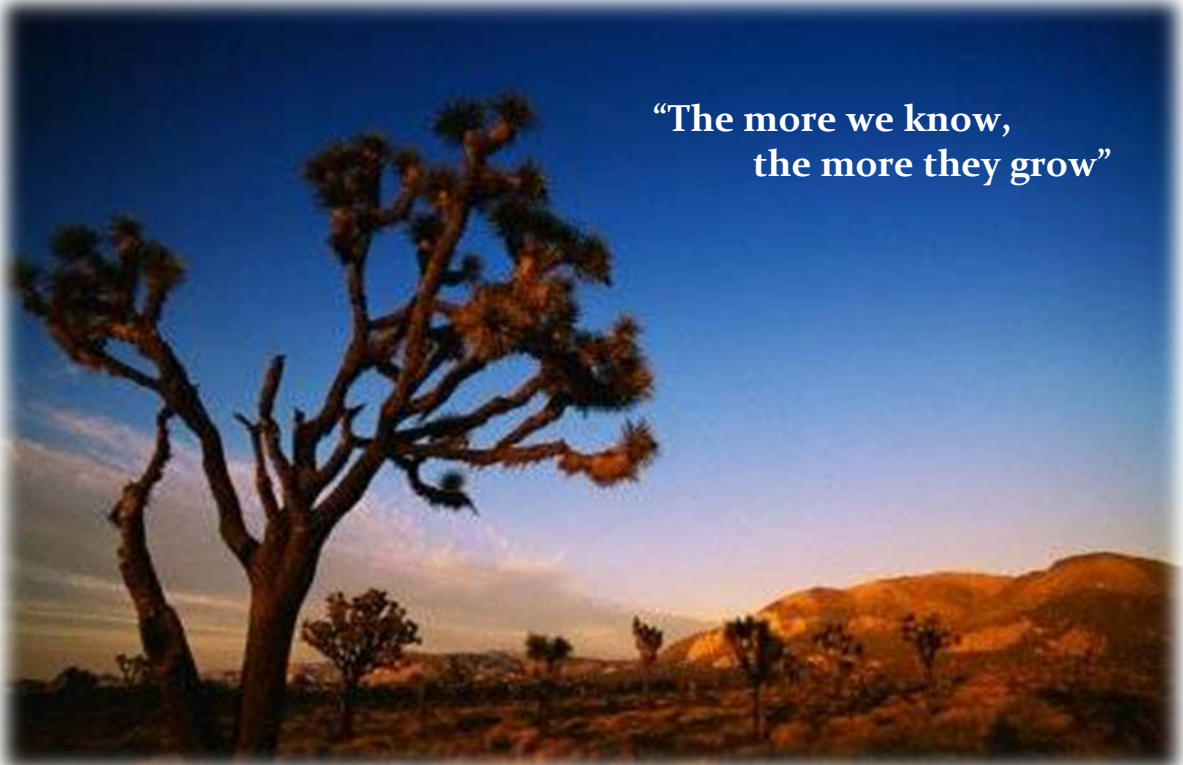


April – June 2018

Foster & Kinship Care Education (FKCE)



“The more we know,
the more they grow”

760-252-2411 x7276 or x7376
FKCE@barstow.edu
www.barstow.edu/fkce

Training Locations

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Is there a fee to attend classes?

No. Training sessions are free and are open to anyone in the community.

Who can attend?

Our target audience is foster and relative caregivers. However, our trainings are open to everyone in the community including social workers, group home staff, family and friends.

How do I register for a class?

- Call the FKCE office at 760-252-2411 x 7376 or x 7276
- Email fkce@barstow.edu

What if I can't make it to a class after I have registered?

No to worry. Just call our office to cancel your seat in order to offer it to someone else who may be waiting for a space.

Will I receive a certificate?

FKCE trainers issue training certificates of completion at the end of each class. All class sign-in sheets and participant registration forms are entered into the state's database after all trainings. If individuals would like to receive a copy of their FKCE class transcripts, please contact the Barstow FKCE Program office at 760-252-2411 x 7376 or email FKCE@barstow.edu.

What is Kinship?

If you are a grandparent, aunt, uncle, sibling, etc. raising your relative's children- then you are a kinship caregiver.

FOSTER CARE

***If you know someone who wants to become a foster parent, have him/her call this number to get details on a Foster Parent Orientation in their neighborhood.
1-800-722-4477***

ADOPTION

***If you or someone you know would like to adopt a child from the county, please call
1-800-722-4477***

Please Note: Classes that do not have Pre-registered participants will not be held.

*FKCE HIGHLY suggests bringing someone with you to class in order to ensure the class is held. **Class topics and times are subject to change without notice.***

Trinity Youth Services		10755 Apple Valley Rd Apple Valley, CA 92308
Class: Commercial Sexual Exploitation of Children: Identification and Awareness Time & Date: 04/11/18 6:00PM – 9:00 PM Trainer: V. Montero	This class gives participants awareness to what commercial sexual exploitation of children. Participants will be able to learn red flags in what to look for in CSEC victims.	
Class: Reactive Attachment Disorder Time & Date: 04/25/18 11:00AM – 1:00PM Trainer: B. Cowley	Define reactive attachment disorder & actions to address the disorder.	
Class: Child Abuse Awareness & Mandated Reporting Time & Date: 05/09/18 11:00AM – 1:00PM Trainer: B. Cowley	A discussion of what constitutes child abuse & history of child abuse laws, along with a review of mandatory reporting laws.	
Class: Understanding Self-Injury Time & Date: 05/23/18 11:00AM – 1:00PM Trainer: B. Cowley	Define self-injury and a discussion on ways to successfully assist children stop the behavior.	
Class: Commercial Sexual Exploitation of Children: Identification and Awareness Time & Date: 06/06/18 6:00PM – 9:00 PM Trainer: V. Montero	This class gives participants awareness to what commercial sexual exploitation of children. Participants will be able to learn red flags in what to look for in CSEC victims.	
Class: Grief, Loss, and Foster Children Time & Date: 06/13/18 11:00AM – 1:00PM Trainer: B. Cowley	Discussion on how children grieve differently than adults and ways to help them work through their grief.	
Class: Commercial Sexual Exploitation of Children: Identification and Awareness Time & Date: 06/27/18 6:00PM – 9:00 PM Trainer: V. Montero	This class gives participants awareness to what commercial sexual exploitation of children. Participants will be able to learn red flags in what to look for in CSEC victims.	

United in Christ		13580 Nomwaket Ave, Apple Valley, CA 92307
Class: Internet Safety Time & Date: 04/26/18 6:00PM – 8:00 PM Trainer: V. Montero	Are you up to date with technology? Are your children constantly surfing the web? Participants will learn how to maintain internet safety in their home.	
Class: Importance of School Behaviors Time & Date: 05/24/18 6:00PM – 8:00 PM Trainer: V. Montero	Do you struggle with getting your child to behave at school? This class covers tools for parents to encourage children to have positive school behaviors.	
Class: Encouraging Positive Behaviors Time & Date: 06/21/18 6:00PM – 8:00 PM Trainer: V. Montero	Does your struggle with getting your child to behave? Participants will learn tools to encourage children to have positive behaviors.	

<p>Class: Anger Management for Kids Date & Time: 04/05/18 9:00AM-12:00PM Trainer: S. Lee</p>	<p>This class will allow you to understand the concept of core anger in children. It will identify scenarios and situations that would require a parent to de-escalate a child’s anger level. This class will provide alternative solutions to anger and will identify external resources outside of the foster home to contribute to anger management.</p>
<p>Class: Parenting Children with Learning Disabilities Date & Time: 04/05/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>Does your child struggle with school? Does he or she dread reading aloud, writing and essay, or tackling a math problem? While every kid has trouble with homework from time to time, if a certain area of learning is consistently problematic, it might indicate a learning disorder. Participants will learn how to recognize the early signs of learning disabilities, so that they can ensure their child gets the right help to overcome classroom challenges and succeed.</p>
<p>Class: What is Crisis Intervention? Date & Time: 04/07/18, 9:00AM-12:00PM Trainer: K. Carter</p>	<p>Participants will gain an understanding of the concepts of crisis, emergency, crisis intervention, emergency intervention, suicide prevention, and suicide intervention. Participants will also gain an understanding of what they should do during a crisis.</p>
<p>Class: Transracial Parenting in Foster Care and Adoption Date & Time: 04/12/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>Participants will learn how to provide care for children in transracial homes to help them thrive, celebrate their bicultural family, and to strengthen racial identity and cultural connections. Participants will also learn about MEPA (Multiethnic Placement Act) of 1994.</p>
<p>Class: Understanding Family Dynamics: Foster & Biological Children Date & Time: 04/14/18, 9:00AM – 12:00PM Trainer: S. Lee</p>	<p>This course will allow you to identify various family dynamics ranging from gender differences, age differences, and family issues. This course will help you to understand how to provide an equal and healthy balance within your household that allows all family members to participate in ever day family functions and how each member is impacted by the other. This course will provide tricks and tips to help everyone in your family work together to maintain the family unit.</p>
<p>Class: LGBTQ and More Date & Time: 04/19/18, 9:00AM-12:00PM Trainer: K. Carter</p>	<p>What does LGBTQ mean exactly? How do children have any idea about their sexual orientation; they’re only kids right? Participants will have an opportunity to explore issues, questions, and concerns about what it means to be gay, lesbian, bi-sexual, or transgendered, and how this impacts youth in care. Participants will also discuss how this impacts their roles as foster parents.</p>
<p>Class: Teen Moms Date & Time: 04/26/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>Participants will learn the difficulties that teen moms face as well as statistics. Participants will also learn ways that they can help provide teens moms a chance to live a prosperous life while taking care of their child.</p>
<p>Class: Positive Discipline for Kids Date & Time: 05/03/18, 9:00AM – 12:00PM Trainer: S. Lee</p>	<p>This course will discuss various positive disciplinary techniques that will contribute to the well-being of your foster child. Included will be the discussion of the</p>

	<p>difference between punishment and discipline, age appropriate disciplinary action, and the process of transformation of children's behaviors. You will be able to utilize these tools to help your foster child grow independently and successfully.</p>
<p>Class: Working with your Social Worker Date & Time: 05/03/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>Participants will gain an understanding of how foster care parents and social workers must work as a team to provide the best care for the child. Participants will gain knowledge of the differences between their County Social Worker and their Agency Social Worker, and that all must work efficiently together to provide the best-case plan for the child in foster care.</p>
<p>Class: What to do with Behavior Issues Date & Time: 05/03/18, 9:00AM-12:00PM Trainer: K. Carter</p>	<p>This class will help participants learn how to work with children who have behavior issues by utilizing different techniques.</p>
<p>Class: Stages of Development Date & Time: 05/10/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>We will discuss the various milestones in the development of children. Participants will learn about developmental issues and how they relate to children in care.</p>
<p>Class: CPR/First Aid Date & Time: 05/12/18, 9:00AM-3:00PM Trainer: G. Dyer</p>	<p>First Aid and CPR</p>
<p>Class: Improving Visitation Date & Time: 05/17/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>Participants will learn and discuss the benefits of visits for the children in their care. Participants will learn how visits help maintain important communications with the child's parents, and help foster the child's relationship towards reunification.</p>
<p>Class: Transitional Age in Youth and Foster Care Date & Time: 05/19/18, 9:00AM-12:00PM Trainer: S. Lee</p>	<p>This course will provide information regarding how youth start the transition process into adulthood as non-minor dependents in the foster care system. It will allow for open discussion regarding experiences foster parents have had with transitioning youth and will also allow you to identify challenges transitioning youth face with remaining in the foster system or exiting it.</p>
<p>Class: Suicide Prevention: Protecting our Children Date & Time: 05/24/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>This class will help participants understand the teen brain and the impact of bullying, depression, and other risk factors/signs associated with suicidal ideation. Furthermore, participants will learn how to recognize warning signs and prevention methods.</p>
<p>Class: The Sexualized Child in Foster Care Date & Time: 05/31/18, 6:00PM-9:00PM Trainer: K. Carter</p>	<p>Participants will gain a better understanding of why children who have been sexually abused at a younger age who have been abused by a family member, or whose abuse involved sexual penetration are at a greater risk of developing sexual behavior problems. Also, participants will learn how to recognize sexualized behavior from normal behavior and resources to help their sexualized child.</p>

Class: The First 48 Hours Date & Time: 06/02/18, 9:00AM-12:00PM Trainer: K. Carter	<p>This course will provide knowledge and tools for the matching process and will help you prepare for placement. We will also talk about how to navigate the first 48 hours a child is placed in your home and where you might focus during this crucial time.</p>
Class: Parenting and ADHD Date & Time: 06/07/18, 9:00AM-12:00PM Trainer: S. Lee	<p>This course will allow you to understand the general idea of Attention-Deficit/Hyper-Activity disorder (ADHD). The course will discuss the causes of ADHD and how to embrace and navigate the disability as a foster parent. The course will touch on how ADHD impacts your child's education and how to appropriately advocate for your child in all situations.</p>
Class: Child Nutrition: Fighting Obesity Date & Time: 06/07/18, 6:00PM-9:00PM Trainer: K. Carter	<p>Participants will learn that childhood obesity is a complicated problem without a single cause. Obesity in childhood is known to have a significant impact on both physical and psychological health. Environmental factors, lifestyle preferences, and cultural environment play pivotal roles in the rising prevalence of obesity worldwide.</p>
Class: Commercial Sexual Exploitation of Children: Awareness and Identification Date & Time: 06/14/18, 6:00PM-9:00PM Trainer: K. Carter / V. Montero	<p>This class gives participants awareness to what commercial sexual exploitation of children. Participants will be able to learn red flags in what to look for in CSEC victims.</p>
Class: Teen Talk: Birds and Bees Date & Time: 06/016/18, 9:00AM-12:00PM Trainer: K. Carter	<p>Children who are or who have been placed in foster care have a high statistic rate of becoming pregnant in their teens. Participants will learn how to discuss sex, safe sex, pregnancy, and disease prevention with their children, parents, and foster parents.</p>
Class: Becoming a Foster/Kinship Parent Date & Time: 06/21/18, 6:00PM-9:00PM Trainer: K. Carter	<p>Participants will learn the requirements needed to become a foster/kinship parent. Such requirements entail age, criminal background checks, stable home environment, number of rooms in home, and transportation availability. Participants will learn about the application process and continued education hours that are needed yearly.</p>
Class: Youth Substance Abuse: Keeping Your Child Safe Date & Time: 06/23/18, 9:00AM-12:00PM Trainer: S. Lee	<p>This course will provide tools that can be utilized to help prevent your child from youth substance abuse. You will be able to examine the behaviors of children who are challenged with substance abuse issues and be able to recognize signs and symptoms of abuse.</p>



<p>Class: Preventing Allegations of Child Abuse Date & Time: 04/12/18 9:30AM-11:30AM Trainer: Dr. Wesley Sanders</p>	<p>The participants in this class will be trained in steps to prevent child abuse allegations. ??? will eliminate the possibility of false allegations of child abuse it children in their care. The importance of communication with children in their care, professionals involved with child as well as other relative adults in the children’s life. The importance of positive of self-esteem and self-development in preventing allegations.</p>
<p>Class: The Effects of Domestic Violence on Children Date & Time: 04/19/18 9:30AM-11:30AM Trainer: Dr. Wesley Sanders</p>	<p>This class on the effects of domestic violence on children will provide participants with an understanding of the cycle of domestic violence, and the major components of domestic exposure on children can be physical emotional, psychological, educational and behavioral.</p>
<p>Class: Choices, Consequences, and Responsibility Date & Time: 04/26/18 9:30AM – 11:30AM Trainer: Dr. Wesley Sanders</p>	<p>This class deals with the impact of our choices as caregivers, parents, foster parents as well accepting responsibility for our choices, and the consequences that might result from them. Understanding these concepts in an appropriate manner and that this knowledge is essential in their role as parents.</p>
<p>Class: Building Self-esteem in Children Date & Time: 05/10/18 9:30AM – 11:30AM Trainer: Dr. Wesley Sanders</p>	<p>This class will five necessary information to caregivers, foster parents and other participants to assist in building positive self-esteem in children. The value of self-esteem and self-image. How to identify low self-esteem, tools that can be used to build self-esteem.</p>
<p>Class: The Prudent Parenting Standard Date & Time: 05/17/18 9:30AM-11:30AM Trainer: Dr. Wesley Sanders</p>	<p>Prudent Parenting Standards will provide participants with definitions of prudent parenting. The what and why of the reasonable prudent parenting standards. The purpose and the impact of foster parents and kinship caregivers.</p>
<p>Class: Bullying: The Emotional Impact Date & Time: 05/24/18 9:30AM-11:30AM Trainer: Dr. Wesley Sanders</p>	<p style="background-color: yellow;"></p>
<p>Class: Parenting & Building Character in Children Date & Time: 05/31/18 9:30AM-11:30AM Trainer: Dr. Wesley Sanders</p>	<p>This will examine how parenting requires demonstrating and building character in our children. Strategies that are essential to our children developing good character will be discussed. Recognizing the building of character in children by parents it is important to role model a positive character.</p>
<p>Class: Kinship Care & Children and Family Services Date & Time: 06/14/18 9:30AM – 11:30AM Trainer: Dr. Wesley Sanders</p>	<p>This class is on kinship care and children and family services. This class will provide an understanding of the need of the kinship care provider and children services. How the child welfare system becomes involved in kinship care. Different types of kinship care. The need and commitment of kinship care opens as well as child welfare.</p>
<p>Class: Handling Anger in a Healthy Way Date & Time: 06/21/18 9:30AM – 11:30AM Trainer: Dr. Wesley Sanders</p>	<p>This class will provide caregiving foster parents and bio parents tools for themselves and their children who struggles with anger. As well as techniques for handling anger in a healthy way.</p>

<p>Class: Creating Family Rules and Enforcing Consequences Date & Time: 04/24/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>This training will give participants the opportunity to identify and clearly define home rules that are important for your family. You will be presented a guide to develop your family action plan that includes the enforcing of consequences.</p>
<p>Class: Foster Parent Burnout; Avoiding and Dealing with It Date & Time: 05/01/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>Participants will learn about foster parent burnout and discuss ways to balance the needs of the children with their own. We will examine how self-care prevents burnout before it happens and best ways to avoid and overcome it.</p>
<p>Class: Helping Foster & Kinship Children Handle Their Feelings Date & Time: 05/12/18 9:00AM-12:00PM Trainer: E. Rivera</p>	<p>Participants will learn how parents can guide foster children to identify triggers and manage their feelings and appropriately express them. A discussion will be held how to help a child understand and cope with their emotions; to express their feelings in a constructive manner rather than impulsive or hurtful ways.</p>
<p>Class: The Importance of the Foster Family & the Biological Family in Foster Care Date & Time: 05/22/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>Participants will discuss how foster parents and biological parents can work together to support the best outcomes for the children. It will describe how to identify ways to share parenting and decision making, as well as, overcome challenges. It will show how to improve communication to build a better relationship with birth parents.</p>
<p>Class: Being Culturally Responsive Date & Time: 06/09/18, 9:00AM-12:00PM Trainer: E. Rivera</p>	<p>Participants will learn how to become culturally responsive to best meet the needs of foster children. The group will examine how to identify cultural strengths to better nurture and promote a sense of well-being for the child. It will also show how to bridge the gap between our own cultural background and that of the foster child.</p>
<p>Class: Bullying Prevention for Young Children Date & Time: 06/19/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>Participants will examine and identify ways to prevent bullying and discuss how it develops in early childhood. The elements of bullying will be defined and a presentation will be made of activities to help children acquire social skills to stop bullying and know how to respond to it.</p>



Hesperia Library		9560 7 th Street, Hesperia, CA 92345
Class: Fetal Alcohol Syndrome & Drug Affected Babies Date & Time: 04/14/18 9:30AM – 3:30PM Trainer: V. Montero	Does your child have shaken baby syndrome? Participants will learn the causes of shaken baby syndrome, as well as learn the physical and behavioral symptoms of shaken baby syndrome.	
Class: CPR/First Aid Date & Time: 04/21/18 9:30AM – 3:30PM Trainer: G. Dyer	First Aid & CPR	
Class: Suicide Prevention; Protecting Our Children Date & Time: 05/19/18 9:30AM – 3:30PM Trainer: M. Gomez	This class will present what has occurred in the news lately with suicide. Participants will discuss the issues that could lead to suicide, what to look out for, and how to assist in preventing suicide.	
Class: 1,2,3 Magic Date & Time: 06/02/18 9:30AM – 3:30PM Trainer: V. Montero	Does your child behaviors? Parents will learn about the 1,2,3 Magic technique and get hands on experience on how to implement it in their home.	



HUSD – Family Resource & Parent Center		15776 Main St. Suite 8, Hesperia, CA 92345
Class: Trauma de crianza Date & Time: 04/09/18 8:30am – 11:30am Trainer: C. Reyes-Olivares	En esta clase, repasaremos el impacto del trauma y la atención informada por trauma. Cómo ser un defensor de los niños, apoyar la evaluación y el tratamiento enfocados en el trauma para niños y jóvenes.	
Class: Trauma Informed Parenting Date & Time: 04/09/18 12:00pm – 3:00pm Trainer: C. Reyes-Olivares	In this class we will be reviewing the impact of trauma and trauma-informed care. How to be an advocate for children, support trauma-focused assessment and treatment for children and youth.	
Class: Crianza de los hijos adjunto Date & Time: 04/16/18 8:30am – 11:30am Trainer: C. Reyes-Olivares	La mayoría de los niños que están fuera del hogar han experimentado interrupciones en la formación del apego debido al abuso infantil, negligencia y / o colocación múltiple. La crianza tradicional, que depende de un fuerte vínculo, no funciona bien con estos niños. Obtenga una comprensión de cómo los niños traumatizados ven la vida y cómo puede modificar sus técnicas de crianza para adaptarlas a sus experiencias de vida únicas y sus necesidades actuales.	
Class: Attachment Parenting Date & Time: 04/16/18 12:00pm – 3:00pm Trainer: C. Reyes-Olivares	Most children in out of home care have experienced disruptions in attachment formation due to child abuse, neglect, and/or multiple placements. Traditional parenting,	

HUSD – Family Resource & Parent Center	15776 Main St. Suite 8, Hesperia, CA 92345
	which relies upon a strong attachment, doesn't work well with these children. Come get an understanding of the way traumatized children see life and how you can alter your parenting techniques to accommodate their unique life experiences and current need.
Class: Reading Skills Date & Time: 04/23/18 4:00pm – 6:00pm Trainer: M. Gomez	This course will assist participants to understand how persons acquire reading skills. It will also assist in understanding developmental stages of reading it will also present reading and disabilities.
Class: Ayudar a los niños a desarrollar destrezas sociales y autodisciplina Date & Time: 04/23/18 8:30am – 11:30am Trainer: C. Reyes-Olivares	En esta clase discutiremos la importancia de las habilidades sociales y las habilidades de autodisciplina en los niños. Los cuidadores revisarán las estrategias y cómo enseñarlas a los niños bajo su cuidado
Class: Helping Children Develop Social Skills and Self Discipline Date & Time: 04/23/18 12:00pm – 3:00pm Trainer: C. Reyes-Olivares	In this class we will discuss the importance of social skills and self-discipline skills in children. Caregivers will review strategies and how to teach them to children under their care.
Class: Lying and Teaching the Truth Date & Time: 04/25/18 4:00pm – 6:00pm Trainer: E. Rivera	Participants will learn steps to stop a child from lying and to tell the truth to prepare them for real life situations when truthfulness is important. Discussion will be held on effective ways to break the habit of lying and examine why foster children might have a tendency to lie.
Class: Bullying; por que hacerlo Date & Time: 04/30/18 8:30am – 11:30am Trainer: C. Reyes-Olivares	Los padres podrán identificar los signos y síntomas de intimidación. ¿Cómo puede saber si su hijo está siendo intimidado o es un acosador? Los participantes podrán identificar los síntomas de ser intimidado, articular la importancia de la intervención y discutir las posibles implicaciones del problema si se ignora.
Class: Bullying; Why They Do It Date & Time: 04/30/18 12:00pm – 3:00pm Trainer: C. Reyes-Olivares	Parents will be able to identify the signs and symptoms of bullying? How can you tell if your child is being bullied, or is a bully? Participants will be able to identify the symptoms of being bullied, articulate the importance of intervention, and discuss possible implications of the issue if it goes ignored.
Class: Study Skills and Homework Date & Time: 04/30/18 4:00pm – 6:00pm Trainer: M. Gomez	This course will focus on how to gain study skills. Participants will gain ideas on how to assist youth with homework and study skills for tests and classwork.
Class: Crianza prudente Date & Time: 05/07/18 8:30am – 11:30am Trainer: C. Reyes-Olivares	Esta clase ayudará a los cuidadores a identificar lo que es la crianza prudente y desarrollar aún más los estándares de crianza prudente para los cuidadores.
Class: Prudent Parenting Date & Time: 05/07/18 12:00pm – 3:00pm Trainer: C. Reyes-Olivares	This class will help caregivers identify what prudent parenting is and further develop current prudent parenting standards for caregivers.

HUSD – Family Resource & Parent Center	15776 Main St. Suite 8, Hesperia, CA 92345
Class: What is Self-Esteem? Date & Time: 05/09/18 4:00pm – 6:00pm Trainer: M. Gomez	This workshop will assist and provide caregivers an understanding of what is self-esteem, what causes low self-esteem, how to have a higher self-esteem, and what you can do as a caregiver to assist.
Class: El verano esta' aqui; Como evitar la fuga de cerebros de verano Date & Time: 05/14/18 8:30am – 11:30am Trainer: C. Reyes-Olivares	Esta clase ayudará a los cuidadores a entender la pérdida de aprendizaje de verano en los estudiantes. Le ayudaremos a discutir la importancia de desarrollar estrategias para prevenir la fuga de cerebros en verano. Vamos a ver maneras creativas que los estudiantes pueden aprender fuera del aula.
Class: Summer is here; How to Avoid Summer Brain Drain Date & Time: 05/14/18 12:00pm – 3:00pm Trainer: C. Reyes-Olivares	This class will help caregivers understand summer learning loss in students. We will help discuss the importance of developing strategies to prevent summer brain drain. We will look at creative ways students can learn outside the classroom.
Class: Educational Stability Date & Time: 05/23/18 4:00pm – 6:00pm Trainer: M. Gomez	This workshop will bring awareness to caregivers on laws that are in place for youth to remain as stable as they can in their school setting. It will also introduce the facts of how movement affects children in care.



<p>Class: Active Parenting for School Success Date & Time: 04/10/18 5:00PM – 8:00 PM Trainer: M. Gomez</p>	<p>This course will assist participants to understand importance of education and will present tips to assist youth in being successful in education.</p>
<p>Class: Abuso de menores y reporter obligatorio Date & Time: 04/11/18 5:00PM – 8:00 PM Trainer: M. Gomez</p>	<p>Este taller definira los diferentes tipos de sbuso. Que es el abuso? Que no es? Tambien presentara que y quien es un reporter obligatorio, y lose pasos que debe tomar esa persona.</p>
<p>Class: What are Educational Rights? Date & Time: 04/17/18 5:00PM – 8:00 PM Trainer: M. Gomez</p>	<p>Through this workshop parents will gain an understanding of the education rights of the youth. Who holds them? How important are these? What do you do if you hold these?</p>
<p>Class: Como el orden de nacimineto afecta a la personalidad de su hijo Date & Time: 04/18/18 5:00PM – 8:00 PM Trainer: M. Gomez</p>	
<p>Class: Teens with Autism Date & Time: 04/24/18 5:00PM – 8:00 PM Trainer: M. Gomez</p>	<p>This course will assist participants to understand how to work, assist and support youth with autism. The class will present definition of autism and how to work with teenagers specifically.</p>
<p>Class: Teens and Peer Pressure Date & Time: 04/25/18 5:00PM – 8:00 PM Trainer: V. Montero</p>	<p>Do you have a teen? This class will go over prevention and awareness of peer pressure youth are often faced with. participants will learn tools to help prevent youth from giving into peer pressure.</p>
<p>Class: Emotional Child Abuse Date & Time: 05/01/18 5:00PM – 8:00 PM Trainer: M. Gomez</p>	<p>Participants will be presented with what emotional abuse is and who causes it, how to handle and assist those that suffer through it. Tips will also be given on how to deal with this issue.</p>
<p>Class: Tantrums; Dealing with Toddler Behaviors Date & Time: 05/02/18 5:00PM – 8:00 PM Trainer: V. Montero</p>	<p>Do you have a toddler at home? Do you often find yourself embarrassed in public or not knowing how to handle your toddler’s behaviors? This class covers tools for parents when dealing with toddler behaviors.</p>
<p>Class: Chores without Wars Date & Time: 05/08/18 5:00PM – 8:00 PM Trainer: C. Reyes-Olivares</p>	
<p>Class: Children with ADD/ADHD Date & Time: 05/09/18 5:00PM – 8:00 PM Trainer: V. Montero</p>	<p>Is your child easily distracted or hyperactive? This class covers an overview of the symptoms of ADD/ADHD and parents will leave this class with tools to help care for your child with ADD/ADHD.</p>
<p>Class: The World of Special Education Date & Time: 05/15/18 5:00PM – 8:00 PM Trainer: M. Gomez</p>	<p>This workshop will define what special education is, as well as define and describe the goals and objectives of the special education world. Participants will be presented with the different disabilities that classify a student as special education and describe the timeframe of the IEP.</p>

Class: Que son los derechos Educativos? Date & Time: 05/16/18 5:00PM – 8:00 PM Trainer: M. Gomez	A través de este taller los padres obtendrán una comprensión de los derechos de Educación de los jóvenes. ¿quién los tiene? ¿Qué tan importantes son? ¿Qué haces si los agarras?
Class: Working with the School on Discipline Date & Time: 05/22/18 5:00PM – 8:00 PM Trainer: M. Gomez	This workshop will bring awareness to caregivers on the importance of working with the school. Techniques will be reviewed on how to work with school personnel and assist in the goal of students being successful in school.
Class: Children Exposed to Trauma Date & Time: 05/23/18 5:00PM – 8:00 PM Trainer: V. Montero	Was your child exposed to trauma? Participants will learn the different forms of trauma children may have experienced as well as tools to help children with trauma.
Class: Guiding Children with ADHD Date & Time: 05/29/18 5:00PM – 8:00 PM Trainer: M. Gomez	This class will present what is ADHD, its effects, and how to assist youth. It will also give tips on how to assist youth and parents in dealing with this disability.
Class: Que es el auto estima? Date & Time: 05/30/18 5:00PM – 8:00 PM Trainer: M. Gomez	Este taller ayudará y proporcionará a los cuidadores una comprensión de lo que es la autoestima, lo que causa la baja autoestima, cómo tener una autoestima más alta, y lo que usted puede hacer como cuidador para ayudar.
Class: What’s Next? Foster Children after Graduation Date & Time: 06/05/18 5:00PM – 8:00 PM Trainer: M. Gomez	This course will focus on what to do after graduating from high school. The class will touch on what choices are available to youth after high school.
Class: Tantrums; Dealing with Toddler Behaviors Date & Time: 06/06/18 5:00PM – 8:00 PM Trainer: M. Gomez	Participants will be presented with what is a tantrum, how to confront one, and tips to stay assist toddlers as they go through this stage.
Class: Commercial Sexual Exploitation of Children: Identification and Awareness (SPANISH) Date & Time: 06/12/18 5:00PM – 8:00 PM Trainer: M. Gomez	This class gives participants awareness to what commercial sexual exploitation of children. Participants will be able to learn red flags in what to look for in CSEC victims.
Class: Tools for Children with Disabilities Date & Time: 06/13/18 5:00PM – 8:00 PM Trainer: V. Montero	Do you have a child with a disability? Participants will get an overview of some of the more common disabilities and learn tools to help children cope with their disability.

“BE THE BETTER PARENT
TO BETTER THEIR FUTURE”

<p>Class: Baby Care 101 Date & Time: 04/28/18 2:00 PM – 5:00PM Trainer: M. Gomez</p>	<p>Come and join in on the discussion of baby care. What does it entail? No baby comes with a job description for the parent, and vice versa as new parents we are not given instruction on how to care for a baby.</p>
<p>Class: Activities to Engage your Preschooler Date & Time: 05/26/18 2:00 PM – 5:00PM Trainer: M. Gomez</p>	<p>Participants will participate in hands on activities to promote the development of preschoolers. The class will also touch base on how and what these activities will teach preschoolers and how to extend these.</p>
<p>Class: Why Teens Need Their Sleep Date & Time: 06/23/18 2:00 PM – 5:00PM Trainer: M. Gomez</p>	<p>This class will focus on what sleep is and how our body needs it. It will focus on the needs of teens and the developmental impact it has on them.</p>

”THE MORE WE KNOW,
 THE MORE THEY GROW”



<p>Class: Keeping Children Safe in a Digital World Date & Time: 04/19/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>Participants will examine, discuss, and identify ways to ensure online safety for children and adolescents, as well as help them build the knowledge and experience so they can protect themselves by making good decisions in regards to technology and social media.</p>
<p>Class: Bullying Prevention for Young Children Date & Time: 04/21/18 9:00AM-12:00PM Trainer: E. Rivera</p>	<p>Participants will examine and identify ways to prevent bullying and discuss how it develops in early childhood. The elements of bullying will be defined and a presentation will be made of activities to help children acquire social skills to stop bullying and know how to respond to it.</p>
<p>Class: Caring for the Traumatized Child Date & Time: 05/10/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>Participants will learn about the many traumas foster children endure before and during removal. Presentation will include how traumatized children understand the world and interact with others differently from other children and how adults can respond more effectively.</p>
<p>Class: Foster Parent Burnout; Avoiding it and Dealing with It Date & Time: 05/17/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>Participants will learn about foster parent burnout and discuss ways to balance the needs of the children with their own. We will examine how self-care prevents burnout before it happens and best ways to avoid and overcome it.</p>
<p>Class: The Importance of the Foster Family & the Biological Family in Foster Care Date & Time: 06/14/18 5:30PM-8:30PM Trainer: E. Rivera</p>	<p>Participants will discuss how foster parents and biological parents can work together to support the best outcomes for the children. It will describe how to identify ways to share parenting and decision making, as well as, overcome challenges. It will show how to improve communication to build a better relationship with birth parents.</p>
<p>Class: Creating Family Rules and Enforcing Consequences Date & Time: 06/16/18 9:00AM-12:00PM Trainer: E. Rivera</p>	<p>This training will give participants the opportunity to identify and clearly define home rules that are important for your family. You will be presented a guide to develop your family action plan that includes the enforcing of consequences.</p>

Helping Hands		16519 Victor Street Suite 404, Victorville, CA 92395
Class: Grief & Loss Date & Time: 04/09/18 10:00AM-12:00PM Trainer: V. Montero	Do you know someone who is grieving? Participants will learn about the symptoms of grief and loss. Participants will also learn tools to help someone cope with grief and loss.	
Class: Commercial Sexual Exploitation of Children; Identification and Awareness Date & Time: 04/16/18 9:00AM-12:00PM Trainer: V. Montero	This class gives participants awareness to what commercial sexual exploitation of children. Participants will be able to learn red flags in what to look for in CSEC victims.	
Class: Dealing with Strong Willed Children Date & Time: 05/14/18 10:00AM-12:00PM Trainer: V. Montero	Do you have a strong-willed child? Do you find yourself in a constant power struggle with your child? This class covers tools for parents in dealing with a strong willed child.	
Class: When Families Split Date & Time: 06/11/18 10:00AM-12:00PM Trainer: V. Montero	Has your child been removed from their bio-family? Has your child come from parents who are divorced? Participants will learn the impact on children when families split and tools to learn to help children with being separated from their parents.	

HOOK JUNIOR HIGH SCHOOL		15000 Hook Blvd., Victorville, CA 92392
Class: Bullying Date & Time: 04/05/18 5:30PM-7:30PM Trainer: M. Gomez	This course will focus on what is bullying, how it presents itself, the effects of it, the types of bullying and how to assist.	
Class: Compromiso e implicacion escolar (Series #1) Date & Time: 04/13/18 9:30AM-11:30AM Trainer: E. Rivera	In this class series participants will discuss the importance of school engagement and involvement and how it impacts student performance. The sessions will focus on resources, information, and tips parents can utilize to strengthen relationships at the school site.	
Class: Compromiso e implicacion escolar (Series #2) Date & Time: 04/20/18 9:30AM-11:30AM Trainer: E. Rivera	In this class series participants will discuss the importance of school engagement and involvement and how it impacts student performance. The sessions will focus on resources, information, and tips parents can utilize to strengthen relationships at the school site.	
Class: Drug & Alcohol Awareness Date & Time: 04/26/18 9:30AM-11:30AM Trainer: B. Cowley	Examine drug and alcohol abuse and the impact it has on children.	
Class: Compromiso e implicacion escolar (Series #3) Date & Time: 04/27/18 9:30AM-11:30AM Trainer: E. Rivera	In this class series participants will discuss the importance of school engagement and involvement and how it impacts student performance. The sessions will focus on resources, information, and tips parents can utilize to strengthen relationships at the school site.	
Class: Self-injury Date & Time: 05/03/18 9:30AM-11:30AM Trainer: B. Cowley	Define self-injury and a discussion on ways to successfully assist children stop the behavior.	
Class: Commercial Sexual Exploitation of Children; Identification and Awareness Date & Time: 05/08/18 5:00PM-8:00PM Trainer: V. Montero	This class gives participants awareness to what commercial sexual exploitation of children. Participants will be able to learn red flags in what to look for in CSEC victims.	

Class: Drug & Alcohol Awareness (Spanish) Date & Time: 05/09/18 5:30PM-7:30PM Trainer: E. Rivera	In this class participants will learn about the different street drugs and underage/binge drinking. Resources and information will be shared about addiction and rehab issues. A discussion will be held about teens exposed to trauma and may be at risk for abusing drugs and/or alcohol.
Class: Childhood Stress Date & Time: 05/17/18 9:30AM-11:30AM Trainer: B. Cowley	Identify stressors affecting children and discuss ways to cope with said stressors.



ULV (University of La Verne)	15447 Anacapa Road Victorville, CA 92392
Class: Caring for Sexually Abused Kids Date & Time: 04/06/18 9:30AM – 12:30 PM Trainer: S. Lee	This course will allow foster parents to learn how to support children who have experience sexual abuse. From dealing with the shock of disclosure to coping with the emotional impact navigating the legal system, these tools will allow the foster parents to utilize techniques to appropriately help foster children where needed.
Class: Self-Care Date & Time: 04/10/18 9:30AM – 12:30AM Trainer: B. Cowley	A discussion on caring for oneself in order to care for family.
Class: Challenging Youth Behaviors Date & Time: 04/13/18 9:30AM – 12:30 PM Trainer: S. Lee	This course will allow you to identify different measures of caring for children who display challenging behaviors that are both normal not normal for children. This course will also include discussion about the cause of behavior and how to address behaviors with the child and how to work in collaboration with social workers. This course will also provide an opportunity to learn about resources within the community that address behaviors of foster children.
Class: Addiction; The Effects on Children Date & Time: 04/17/18 9:30AM – 12:30AM Trainer: B. Cowley	A discussion on the effects of parental drug and/or alcohol abuse on children.
Class: Child Development in Foster Care: How to Support your Child Date & Time: 04/20/18 9:30AM – 12:30 PM Trainer: S. Lee	The course will provide you the basics of child development. It will identify developmental stages based on age, circumstances, and core behaviors that represent development. This course will also discuss how parents can recognize behaviors based on common child welfare issues, such as drug exposure, domestic violence, and sexual assault.
Class: Family Night Date & Time: 04/24/18 9:30AM – 12:30AM Trainer: B. Cowley	Discuss the importance of family togetherness and suggestions for having a success family night.

Class: Healthy Sexual Development Project Date & Time: 04/27/18 9:30AM – 12:30 PM Trainer: K. Carter	Participants will understand the reproductive rights of youth in foster care, rights to confidentiality, and the reasonable and prudent parent standard. The duties and responsibilities of the assigned case management worker and the foster care provider related to reproductive health, how to engage and talk with youth about healthy sexual development and reproductive and sexual health, and gain information about current contraception methods, and how to select and provide appropriate referral resources and materials for information and service delivery.
Class: Preventing Teen Pregnancy Date & Time: 05/01/18 9:30AM – 12:30AM Trainer: B. Cowley	Discuss the options available to prevent pregnancy self-esteem issues which contribute to teen pregnancy.
Class: Peer Pressure; Understanding & Supporting your Child Date & Time: 05/04/18 9:30AM – 12:30 PM Trainer: S. Lee	This course identifies the challenges for youth facing peer pressure. It will discuss different types of peer initiated topics ranging from sexual behavior to drug use and experimentation. This course will provide different methods in how to engage with adolescent youth who are experiencing the challenges of peer pressure in addition to different methods of handling the challenges of teen attitudes in the home.
Class: Raising Confident Boys Date & Time: 05/08/18 9:30AM – 12:30AM Trainer: B. Cowley	Discuss development of male children discuss ways to encourage confidence / good self-esteem as child grows.
Class: Teen Talk; Birds and Bees Date & Time: 05/11/18 9:30AM – 12:30 PM Trainer: K. Carter	Children who are or who have been placed in foster care have a high statistic rate of becoming pregnant in their teens. Participants will learn how to discuss sex, safe sex, pregnancy, and disease prevention with their children, parents, and foster parents.
Class: Summer Safety Date & Time: 05/15/18 9:30AM – 12:30AM Trainer: B. Cowley	A discussion on summer safety issues and preparedness.
Class: Children Under 12 and Depression Date & Time: 05/18/18 9:30AM – 12:30 PM Trainer: S. Lee	This course will allow participants to recognize symptoms of depression in children under the age of 12. It will discuss developmental issues that can lead to depression and situational depression specific to children who are in the grieving process as a result of removal from the birth home. In addition, this class will provide methods that help to alleviate depressive behaviors and provide external resources that will contribute to the healing process.
Class: Importance of House Rules Date & Time: 05/22/18 9:30AM – 12:30AM Trainer: B. Cowley	A discussion of rules for the home and age appropriate rules/chores.
Class: Reunification Date & Time: 05/25/18 9:30AM – 12:30 PM Trainer: K. Carter	Participants will learn the meaning of reunification and how both the foster family and biological family can help the child adjust to returning back home.
Class: Raising Confident Girls Date & Time: 05/29/2018 9:30 AM – 12:30 PM Trainer: B. Cowley	Discuss development of female children discuss ways to encourage confidence / good self-esteem as child grows.
Class: Emotional/Mental Abuse and Children Date & Time: 06/01/18 9:30AM – 12:30AM Trainer: S. Lee	This course will allow you to learn and understand what emotional and mental child abuse is. You will be able to discuss and identify signs and symptoms of abuse, its impact on

	children, and what resources can be utilized. There will also be a discussion on cultural bias and how to work with children's behaviors that have been emotionally or mentally abused.
Class: Importance of Always Being Ready; Having a Safety Plan Date & Time: 06/05/18 9:30AM – 12:30 PM Trainer: B. Cowley	This course will identify disaster situations and cover how to develop action plans for disasters.
Class: Transgender/Gender Reassignment Date & Time: 06/08/18 9:30AM – 12:30AM Trainer: K. Carter	Participants will learn the meaning of being transgender and what gender reassignment means. Participants will gain a better understanding on how to support their transgender child through the process of coming out and making the decision whether or not to eventually have the reassignment surgery.
Class: Surviving the Summer Date & Time: 06/12/18 9:30AM – 12:30 PM Trainer: B. Cowley	This class will identify summer dangers, including health issues related to heat, and how to avoid those types of dangers.
Class: Infants Exposed; Babies Exposed to Substance Abuse and Domestic Violence Date & Time: 06/15/18 9:30AM – 12:30AM Trainer: S. Lee	This class will allow you to identify different types of abuse that infants are exposed to from conception to early toddler years. You will be able to understand the implications these babies suffer as a result of substance abuse and domestic violence.
Class: Identifying Triggers; Why, When, Who, What Date & Time: 06/19/18 9:30AM – 12:30 PM Trainer: B. Cowley	Recognizing triggers for negative behaviors and helping children to use the knowledge to avoid the same.
Class: What is Crisis Intervention? Date & Time: 06/22/18 9:30AM – 12:30AM Trainer: K. Carter	Participants will gain an understanding of the concepts of crisis, emergency, crisis intervention, emergency intervention, suicide prevention, and suicide intervention. Participants will also gain an understanding of what they should do during a crisis.

VV Church – (St. Joan of Arc Catholic Church)

15512 6th St. Victorville, Ca 92395

Class: Keeping Up with the Latest Trends Date & Time: 04/17/18 5:30PM – 8:30 PM Trainer: V. Montero	Do you have a teen? This class will go over prevention and awareness of peer pressure youth are often faced with. Participants will learn what drugs the teens are into.
Class: AB12 and Transitioning Foster Youth to Age Out Date & Time: 04/21/18 9:30AM – 3:30 PM Trainer: V. Montero	Do you have a teen? Is your teen prepared to age out? This class will cover an overview of AB12 and give participants tools to help teens age out of the system.
Class: Understanding ADHD & Hyperactive Children Date & Time: 05/15/18 5:30PM – 8:30 PM Trainer: V. Montero	Is your child easily distracted? This class covers an overview of the symptoms of ADD/ADHD. Parents will leave this class with tools to help care for your child with ADD/ADHD.
Class: Teaching Children About Boundaries & Coping Skills Date & Time: 05/19/18 9:30AM – 3:30 PM Trainer: V. Montero	Does your child lack boundaries? This class will cover ways to teach children about having good boundaries and tools for coping skills.

<p>Class: Youth with Low Self-Esteem and Eating Disorders Date & Time: 06/16/18 9:30AM – 3:30 PM Trainer: V. Montero</p>	<p>Does your child have low self-esteem? This class covers tools for parents to learn ways to help their child build up their confidence and self-esteem. Participants will also learn tools to help youth build up their self-esteem.</p>
<p>Class: Working with Children with Disabilities Date & Time: 06/19/18 5:30PM – 8:30 PM Trainer: V. Montero</p>	<p>Do you have a child with a disability? Participants will get an overview of the more common disabilities and learn tools to help children cope with their disability.</p>

